



Coach Trip to Stratford-upon-Avon, October 2018 - Barry Ingram

Footpath work parties

Holidays and Coach trips

Spring 2019

Walks Programme

www.ivelvalleywalkers.co.uk

Walks on:-

Sundays, Tuesdays, Wednesdays, Thursdays, Fridays,

New walkers are always made very welcome

Ivel Valley Walkers

As usual, this Spring Programme contains the list of IVW walks during the January to April 2019 period. Full details of the dates, meeting locations, walk distances and the walk leader's contact details are on pages 3 to 9 and more general descriptions of the various walk types are on page 15.

Planned events during this year include a Railway Walk to Birmingham in March, a Walk Leader Training session and also the 5 Night Break in Alfriston in April, a coach trip to Virginia Water and Windsor in May and a City Explorer Break to Liverpool in June. Later in the year there will hopefully be a Long Weekend Break in the Malvern countryside and another Sunday coach trip.

After the very successful 10 day Greensand Country Festival in May 2018, planning is now underway for the 2019 Festival which might be extended to cover the full month of May 2019.

Now, as a result of the GDPR legislation, an important message to Ramblers members. Before IVW can send any emails to you, members need to have informed the Ramblers nationally that they wish to receive such communications. Could you please make sure that this permission is in place by registering on the main Ramblers website.

Last, but not least, an apology to all leaders and walkers for our having not been explicit regarding the change to afternoon start times for Sunday split walks; i.e. on occasions when we return to the start location at lunchtime. Some months ago the committee decided that the start time for those arriving for the afternoon should be 13:30pm. However, the committee also recommended a 45 minute lunch break which the leader might reduce to a minimum of 30 minutes in exceptional circumstances. The length of the break will be decided on the day by the walk leader depending on the time the morning walk ends but the afternoon walk will never start before the published time of 13:30pm.

Andy Knight Programme Editor (for Spring and Summer 2019 programmes)

Alan Rowland Programme Secretary programmeivw@gmail.com

Sat 7th to Sun 15th Sept - Bedfordshire Walking Festival 2019

Planning is now underway for this annual event and, as in previous years, the programme will include a very good selection of walks and the 2 day Greensand Ridge Challenge. Keep a eye on **www.bedswalkfest.co.uk** for details.

Organiser: Barry 01234 353704 barry.ingram74@btinternet.com

Please consider helping Ivel Valley Walkers to reduce costs by receiving your programme by e-mail, or getting it from our website.

Please e-mail **membershipsec@ivelvalleywalkers.co.uk** to help us in this way. Please take note of the GDPR requirement above.

Ivel Valley Walks Programme: Spring 2019

- Tue 1.1 10:00 am **Little Paxton.** Paxton Pits Visitor centre (PE19 6ET). TL 195 629 12 miles.
Pauline S 01480 477188 or 07504 751554
- Wed 2.1 10:00 am **St Ives.** Park and Ride car park, Meadow Lane (PE27 4LG). TL 320 710 6 miles.
Bernard 07885 778228
- Thu 3.1 10:00 am **Amble - Henlow.** Church Road. Meet at the church (SG16 6AN). Additional parking in Gardeners Lane, off High Street, north of the church. TL 177 387 5 miles.
Mary M 07305 223747
- Sun 6.1 10:00 am & 13:30 pm **Dunstable Downs.** Gateway Visitor Centre car park (LU6 2GY), £3 parking charge without NT membership. TL 008 194 7 & 5 miles.
Tony S 01234 831388
- Wed 9.1 10:00 am **Chaplefoot, Herts.** The Rusty Gun PH car park (SG4 7PG), on B656 Hitchin to Codicote road. TL 198 253 7.5 miles.
Jon L 07854 240366
- Thu 10.1 10:00 am **Informative walk - Jordans Mill.** Main car park (SG18 9JY), more parking in the overflow car park. TL 186 429 4.5 miles. 'From gravel extraction to lakes and woodland'.
John K 01525 861271
- Fri 11.1 10:00 am **Bedford.** Circular walk starts from Bedford Bus Station (MK40 1LT). TL 047 499 7 miles. 'Everything came after the railway'.
Barry 01234 353704 or 07860 348347 on the day
- Sun 13.1 10:00 am **Luton.** Stopsley Sports Centre car park (LU2 8DD). TL 106 244 12 miles.
Graham B 01234 741494 or 07399 881460

For the latest updates please see

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Ivel Valley Walks Programme: Spring 2019

- Tue 15.1 10:00 am **Silsoe.** Park Avenue, near church (MK45 4EH). TL 083 356 12 miles. Short pub stop or sandwiches at Pulloxhill village green.
Dee 01525 795808 or 07742 433951
- Wed 16.1 10:00 am **Amphill Park.** West car park (MK45 2GU). TL 024 382 7 miles.
Jim 01525 405344 or 07966 735318
- Thu 17.1 10:00 am **Amble - Letchworth.** Wilbury Hill Picnic Area car park, or if dining park at adjacent The Wilbury PH (SG6 4LG). TL 200 325 5 miles. 'Underneath the arches' of the East Coast Main Line flyover.
Antony 01767 601969 or 07857 890829 on the day only
- Sun 20.1 10:00 am & 13:30 pm **Amphill Park.** West car park (MK45 2GU). TL 024 382 7 & 5 miles.
Nick M 07803 125876
- Wed 23.1 10:00 am **Turvey Station.** Corner of Station Rd & Bedford Road, off A428 (MK43 8BH) SP 959 522 6.5 miles.
Derek T 01462 712462 or 07410 973338
- Fri 25.1 09:25 am **Bus Walk - Bedford.** Circular. Bus Station (MK40 1LT) for No 8 Great Denham Park & Ride bus departing 09:35 am. TL 047 499 6 miles. Walk past 'Rivers, mills and thrills' starts at 10:00 am.
Garry W 01234 219096 or 07896 041164
- Sun 27.1 10:00 am **Keysoe Row.** Village Hall car park (MK44 2JE). TL 083 612 13 miles. 'Winter walk in Bedfordshire Wolds'.
Roy 01234 301182 or 07784 208997 on the day
- Tue 29.1 10:00 am. **Luton.** Stopsley Sports Centre car park (LU2 8DD). TL 106 244 12 miles. 'Lilley, Little and Great Offley'.
Karen and Tony 01525 713537 or 07875 210926
- Wed 30.1 10:00 am **Milton Ernest.** All Saints Church (MK44 1RF). TL 020 561 7.5 miles.
Veronica C 01234 304337 or 07890 830427
- Thu 31.1 10:00 am **Amble - Wilstead.** Car park in Whitworth Way (MK45 3JN) TL 066 435 5 miles.
Michael B 01525 860370 or 07443 656840 on the day

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- Sun 3.2 10:00 am & 13:30 pm **Arrington**. Church Lane (SG8 0BD), off Ermine Way. TL 327 502 6.5 & 5.5 miles.
Derek T 01462 712462 or 07410 973338
- Wed 6.2 10:00 am **Woburn Sands**. Russell Street car park (MK17 8NU). SP 930 358 7 miles. Aspley Heath and the outskirts of Woburn.
Tony S 01234 831388
- Fri 8.2 09:35 am **Bus Walk - Bedford**. Linear. Bus Station (MK40 1LT) for No 42 to Flitwick departs 09:45 am. TL 047 499 7 miles. Walk from Flitwick to Toddington starts at 10:20 am.
Roy 01234 301182 or 07784 208997 on the day
- Sun 10.2 10:00 am **Buntingford**. Bowling Green Lane car park (SG9 9DF). TL 381 259 12 miles.
Mike T 01462 850415 or 07504 706906
- Tue 12.2 10:00 am **Royston**. Heath Sports Centre car park, Baldock Road (SG8 5BJ). TL 348 405 13 miles. To Sandon Roe Green and back via Therfield.
Antony 01767 601969 or 07857 890829 on the day
- Wed 13.2 10:00 am **Rowney Warren**. Sandy Lane car park (SG17 5QB), off A600. TL 123 403 7 miles.
Rob R 07946 577654
- Thu 14.2 10:00 am **Amble - Milton Ernest**. All Saints Church (MK44 1RF), please park considerately in the village. TL 019 561 4.5 miles.
Veronica C 01234 304337 or 07890 830427
- Sun 17.2 10:00 am & 13:30pm **Toddington**. On the green (LU5 6BP), please park considerately in the village. TL 009 289 8 & 5 miles.
'Mud, mud glorious mud, there's nothing quite like it'.
Roy 01234 301182 or 07784 208997 on the day
- Wed 20.2 10:00 am **Pirton**. Great Green near Motte & Bailey PH (SG5 3QD), please park considerately. TL 146 316 7 miles.
Alan 01462 814215 or 07421 464300

Ivel Valley Walks Programme: Spring 2019

- Fri 22.2 09:20 am **Bus Walk - Bedford**. Linear. Bus Station (MK40 1LT) for Bus No 71 departing 09:30 am. TL 047 499 8.7 miles. Walk to Barton-le-Clay starts at 10:10 am from the Bloomfield Drive stop in Shefford. Return on bus No 81.
Tony S 01234 831388
- Sun 24.2 10:00 am **Breachwood Green**. Near Red Lion PH (SG4 8NU). TL 150 220 12 miles.
Please park considerately near PH.
Mike C 01462 491032 or 07815 939549
- Tue 26.2 10:00 am **Harrold**. Harrold Odell Country Park (MK43 7DS). SP 956 566 12 miles. 'Over the fields to Sharnbrook'.
Bob & Celia 01234 768011 or 07474 303545
- Wed 27.2 10:00 am **Amphill Park**. West car park (MK45 2GU). TL 024 382 6.5 miles.
Philip C 01525 404799 or 07747 655557
- Thu 28.2 10:00 am **Amble - Sandy**. Town car park (SG19 1AG). TL 174 492 5 miles.
Bob H 01767319116 or 07950 503543
- Sun 3.3 10:00 am & 13:30 pm **Milton Keynes**. Willen Lake South car park (MK15 0DS). SP 877 397 8 & 5 miles. Car park £2.50 for 4hrs & £4 for 8hrs.
Nick M 07803 125876
- Wed 6.3 10:00 am **Redbourn**. West Common Cricket Pavilion car park (AL3 7NG). TL 103 118 7 miles.
Antony 01767 601969 or 07857 890829 on the day
- Fri 8.3 09:20 am **Bus Walk - Bedford**. Linear. Bus Station (MK40 1LT) for Bus No 50 departs 09:32. TL 047 499 6.5 miles. Radwell to Bromham. Possible end of walk refreshments at Bromham Mill. No 41 bus back to Bedford.
Jan 01234 340429 or 07895 045410
- Sun 10.3 10:00 am **Woburn**. Car park opposite church (MK17 9PG). SP 951 332 12 miles.
Bob & Celia 01234 768011 or 07474 303545
- Tue 12.3 10:00 am **Kimbolton**. High Street, park near the church. TL 099 678 12 miles. 'Explore ancient and historic paths'.
Sue T 01234 823974 or 07849 827049

Ivel Valley Walks Programme: Spring 2019

- Wed 13.3 10:00 am **Sandy**. Town Centre car park (SG19 1AG), alternative parking in St Swithuns Way. TL 174 492 7.5 miles.
Bob H 01767 319116 or 07950 503543
- Thu 14.3 10:00 am **Amble - Woburn**. Car park opposite church (MK17 9PX). SP 951 331 4.5 miles. 'Views of the Abbey'.
Jan 01234 340429 or 07895 045410
- Sun 17.3 10:00 am & 13:30 pm **Gt Barford**. New Road (MK44 3LF) near the Anchor PH. TL127 524 7 & 5 miles.
Eric C 01234 315181 or 07761 589281
- Wed 20.3 10:00 am **Bedford**. Priory Park Visitor Centre car park (MK41 9RX). TL 072 493 6.5 miles.
Barry 01234 353704 or 07860 348347 on the day
- Thu 21.3 10:00 am **Railway Walk – Birmingham**. Meet at Milton Keynes Central Railway Station (MK9 1LA) SP 842 381. See page 11 for further details.
Barry 01234 353704 or 07860 348347 on the day
- Fri 22.3 10:20 am **Bus Walk - Sandy**. Linear. Meet in Sandy Market Square, use Town Centre car park (SG19 1AG) or alternative parking in St Swithuns Way. TL 174 492 7.5 miles. 'Biggleswade Common, rivers and lakes'.
Bob H 01767 319116 or 07950 503543
- Sun 24.3 10:00 am **Buckingham**. Cornwalls Meadow car park (MK18 1RP). SP 698 341 12 miles. Sunday free parking.
Marcus 01462 812005 or 07417 498199 on the day
- Tue 26.3 10:00 am **Deepdale**. Between Potton and Sandy (SG19 2NH), just off B1042 near Sandy Heath transmitter. TL 206 495 12 miles.
Marcus 01462 812005 or 07417 498199 on the day
- Wed 27.3 10:00 am **Barton-le-Clay**. Old Road, near recreation ground (MK45 4LB). TL 082 304 6 miles.
Ian 01462 812294 or 07866 389443
- Thu 28.3 10:00 am **Amble - Waresley**. Waresley Woods car park (SG19 3RH), off Waresley to Great Gransden road. (Max vehicle height 2.1m). TL 256 550 5 miles.
Sheila 01480 392223 or 07885 615595

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- Sun 31.3 10:00 am & 13:30 pm **Sharnbrook**. Church Lychgate (MK44 1HR). SP 994 595 7 & 5 miles. Park at junction of Church Lane & The Drive.
Derek T 01462 712462 or 07410 973338
- Wed 3.4 10:00 am **Clophill**. Village Hall car park (MK45 4DA), £1 donation per car. TL 086 384 7 miles.
Colin and Jackie 07787 413957
- Fri 5.4 09:55 am **Bus Walk - Bedford**. Linear. Bus station (MK40 1LT) for Bus No 41 departs 10:05 am. TL 047 499 7 miles. Walk from Turvey church to Olney starts 10:40am.
Sue T 01234 823974 or 07849 827049
- Sun 7.4 10:00 am **Railway Walk - Chinnor**. Linear. Car park opposite Chinnor station, Kiln Avenue (OX39 4ER). SP 757 004 10 miles. 10:30 am train to Princes Risborough and walk back. Fare £10.
Tony S 01234 831388
- Tue 9.4 10:00 am **Watton-at-Stone**. The Bull car park (SG14 3SB). TL 302 192 12 miles. Coffee at PH from 9:30 am, tea after walk.
Ian 01462 812294 or 07866 389443
- Wed 10.4 10:00 am **Turvey**. Layby on A428 north of river, (MK43 8EW). SP 936 523 6.5 miles.
David & Rosemary 07796 178659
- Thu 11.4 10:00 am **Amble - Stagsden**. Near Royal George PH (MK43 8SG), please park carefully on road at SW end of village, away from houses. SP 982 489 5 miles.
Martin W 01234 767876 or 07761 209981 on the day
- Sun 14.4 10:00 am & 13:30 pm **Shefford**. Town car park, Old Station Way (SG17 5EF). TL 142 391 8 & 4 miles.
Roy 01234 301182 or 07784 208997 on the day

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Ivel Valley Walks Programme: Spring 2019

- Wed 17.4 10:00 am **Great Offley**. Near Red Lion PH (SG5 3DX), park at Green Man if dining there. TL 146 256 7 miles.
Antony 01767 601969 or 07857 890829 on the day
- Sun 21.4 10:00 am **Cambridge**. Madingley Road Park & Ride car park (CB3 0EU). TL 426 593 12 miles.
Marcus 01462 812005 or 07417 498199 on the day
- Tue 23.4 10:00 am **Barton-le-Clay**. Old Road, near recreation ground, (MK45 4 LD). TL 083 304 12 miles.
Jim 01525 405344 or 07966 735318
- Wed 24.4 10:00 am **Wootton**. Near Chequers PH (MK43 9HP), Hall End Road. TL 001457 6.5 miles. Bluebell Walk.
Martin W 01234 767876 or 07761 209981 on the day
- Thu 25.4 10:00 am **Amble - Tingrith**. Meet at the church (MK17 9EG). TL 007 324 4.5 miles.
Derek T 01462 712462 or 07410 973338
- Sun 28.4 **5 Night Break in Alfriston starts.**
Also
- Sun 28.4 10:00 am **Silsoe**. Park Avenue, near Church (MK45 4EH) TL 082 356 7 miles.
Andy K 01582 614644 or 07879 691893

RIPPLE:

Activities to Restore & Improve Public Paths for Leisure & Enjoyment will continue in 2019 and, as usual, Barry will circulate full details when arrangements for each work party are finalised.

Barry is the person to contact if you would like to join:

barry.ingram74@btinternet.com
01234 353704

Ramblers membership is the best way to support the work done for walkers across Britain.

Costs less than £3 a month

Visit the web-site at www.ramblers.org.uk or telephone: 020 7339 8500

Please nominate **Ivel Valley Walkers** as your local group when you take out membership.

Ivel Valley Walkers

Officers and Committee:

Chairman: Roy Carter

01234 301182
chairman@ivelvalleywalkers.co.uk

General Secretary: Sue Tate

01234 823974
generalsec@ivelvalleywalkers.co.uk

Treasurer: John Kirkham

01525 861271
treasurer@ivelvalleywalkers.co.uk

Membership Secretary: Richard Brain

01767 220643
membershipsec@ivelvalleywalkers.co.uk

Programme Secretary: Alan Rowland

01462 814215
programmeivw@gmail.com

Publicity Officer: Graham Mills

01462 711751
ivwpublicity@gmail.com

Web Master: Pauline Seddon

01480 477188
webmaster@ivelvalleywalkers.co.uk

Footpath Officer: Derek Turner

01462 712462
footpaths@ivelvalleywalkers.co.uk

Social Secretary: Roger McLeod

01234 216639
rogermcleod@hotmail.com

Committee members:

Carol Bond, Jan Wolfarth
Mandy Wisson and Andy Knight

Walk Coordinators:

Sundays	Sandra Axtell 01525 222676
Tuesdays	Sue Tate 01234 823974
Wednesdays	Mary and Bernard Morse 07885 778228
Thursdays	Jan Wolfarth 01234 340429
Fridays	Marcus Kilby 01462 812005
Evenings	Dave Broughton 01767 691750

Events in 2019 - March to May

Thu 21st March - Railway Walk - Birmingham

10:00am meet at Milton Keynes Central Station for 10:13am Virgin service to Birmingham, returning on the 18:10 pm from Birmingham New Street Station.

Advance train ticket booking required for price at time of going to press of approx. £22 with railcard. The trip includes an informative walk around the city centre and a visit to a secret rooftop garden with spectacular views on a clear day.

Suggest parking at MK Coachway (free) and take a bus to the station.

Booking not required

Organiser: Barry 01234 353704 barry.ingram74@btinternet.com

April - Walk Leader Training

Beds Area Ramblers will be running a Walk Leader Training course for new and current walk leaders.

Full details will follow in early January 2019

Organiser: Nick M 07803 125876 bedswalkfest@gmail.com

Sun 19th May - Coach Trip to Virginia Water and Windsor

Departure from Bedford Bus Station only at 8:00am.

Walk around the northern shores of the glittering Virginia Water with plenty of features on view. Then northwards into Windsor Great Park via the Royal Lodge to the Copper Horse statue depicting King George III.

Those wishing to spend the afternoon in Windsor can then travel on the coach, while the rest continue on the 3 mile "Long Walk" into Windsor.

Cost £17.00 per person

Please see booking slip on page 13

Organiser: Roy 01234 301182 roycarter367@hotmail.com

Events in 2019 - June to autumn

Mon 10th to Wed 12th June

2 Night / 3 Day City Explorer Break - Liverpool

A wonderful opportunity to see many of the city's sights and sounds including: The Royal Liver Building, Pier Head, Docks; the Beatles and other names from that era together with The Cavern Club and Football Clubs.

Anglian & Catholic Cathedrals, The Chinese Arch, Aintree racecourse and the Gormley sculptures at nearby Blundellsands.

Weather and tide permitting, we will also explore the beautiful Wirral peninsular and see the islands of Hilbre, Little Hilbre and Little Eye.

During this break you won't need your car but a bus pass and rail card will come in handy.

Admin Fee £15.00 which includes a trip

Please see booking slip on page 13

Organiser: Barry 01234 353704 barry.ingram74@btinternet.com

Later in the year:

There will hopefully be a Long Weekend Break in the Malvern countryside and another Sunday Coach Trip.

Further details and booking forms for these events will be in the Summer Programme.

Event Booking Forms 2019

Send slips with cheques a.s.a.p. to the organiser Note: we cannot accept cash

Cheques should be payable to 'RA Ivel Valley Social Account'

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Coach Trip to Virginia Water and Windsor - 19th May

Cost £17.00 per person

Number required _____ Cheque enclosed for £ _____

Name: _____ Tel No: _____

E-mail: _____

Address: _____

Please return booking slip and cheque to: -

Roy Carter, 62, The Silver Birches, Kempston, Bedford, MK42 7TT

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2 Night / 3 Day City Explorer Break to Liverpool - 10th to 12th June

Admin fee £15.00 per person

Number required _____ Cheque enclosed for £ _____

Name: _____ Tel No: _____

E-mail: _____

Address: _____

Please return booking slip and cheque to: -

Barry Ingram, 67, Avon Drive, Bedford, MK41 7UR

Ivel Valley Walkers

Walks on:-

Sundays, Tuesdays, Wednesdays, Thursdays, Fridays, Summer evenings and some Saturdays

Sunday walks are either two half days usually with a morning walk of 7 miles and an afternoon walk of about 5 miles, or one full day of 12+ miles, ending about 4:00pm.

Tuesday walks are generally 9-12 miles, finishing mid afternoon.

Wednesday morning walks are generally 6-7 miles, finishing by 1:00pm.

Thursday ambles and informative walks are short walks of 5 miles or less conducted at a leisurely pace and may be of particular interest to those new or returning to walking.

Friday bus walks have a bus component, either the chance to reach the start point with the bus or integrated within the walk.

Summer evening walks are of 4 - 4.5 miles, on various weekdays and start at either 7:00pm or 7:30pm.

Notes for walkers:

- Please make sure that you are fit enough to undertake the walk; if you are unsure of your fitness level, try a short and easy walk first.
- Most Ramblers' walks are off-road in rural areas. Please have suitable footwear and clothing; leaders may not accept participants who in their opinion are inadequately equipped or unfit.
- For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.
- If you wish to bring a dog on any walk, please contact the leader before to check suitability.
- Most walks have a refreshment break; please bring packed lunch if out all day.
- Please be aware that our walks always depart at the time stated.
- The walks are free, but if you walk regularly with us we would like you to join the Ramblers.

The Ramblers Association is a registered charity (England & Wales no 1093577, Scotland noSCO39799) and a company limited by guarantee, registered in England and Wales (no 4458492). Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.