

Special Events in 2011

Sun 15.5 - 5 night break in Northumberland

Thu 19.5 Four days walking in the Cheviots and Northumberland National Park.
Walks will be strenuous and between 8 & 12 miles.
The holiday will be based at Wooler. An accommodation list of B&B In and around Wooler is available.
Administration charge £10.
Deadline for bookings is 17th April 2011.
Organiser: Jim Tel 07966 735318
Or email J_middlemiss@hotmail.co.uk

Sat 25.6 Staffordshire Railway walk

Meet *8:10am Milton Keynes Station to catch 8:25am train to Stafford.
Canals, rivers, aqueducts, historic towns and woodland. Stand in the footsteps of a famous fantasy author and walk through the grounds of Shugborough Hall. All this and still time to catch the 16:21* train back to Milton Keynes.
Walk 10.5 miles. Easy walking.
Train is London Midland service from London Euston to Crewe. Current return price to Stafford is £8.60 with Senior Railcard or £13 without. To obtain this price tickets must be booked in advance or on line.
For detailed walk handout contact: Barry Tel 01234 353704 or email: walking@madasafish.com
*Timetable may change in May.
Car park on the Station side of Grafton Gate opp. Santander free at weekends, charges at all others.

Thu 15.9 – Long weekend in Wales, based in Montgomery

Sun 18.9 We are very sorry, but we have had to cancel this trip, as the organiser is no longer able to lead it.

Sun 16.10 Oxford Coach Trip

Enjoy the delights of the Thames Valley near Oxford. Starting at Woodstock we skirt the Blenheim Palace estate and visit the Winston Churchill grave at Bladon.
Lunch will be taken in the village of Yarnton, with option of taking the coach for an afternoon in Oxford. The afternoon route takes us into Oxford via Wolvercote Common and allows time for tea before departing.
Distance 10 miles.
Cost per head £16
Biggleswade Market Square 8.00am
Bedford Bus Station 8.30am
Deadline for booking is 19th September 2011.
For information contact: Tony; Tel: 01234 831388 or e-mail: tony.sheward@btinternet.com

Officers and Committee

Chairman:
David Stark, Tel: 01234 350644
Email: chairman@ivelvalleywalkers.co.uk

Secretary:
Mary Carrington, Tel: 01234 781220
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Footpath Officer:
Roger Chick, Tel: 01767 312 259
Email: footpaths@ivelvalleywalkers.co.uk

Committee:
Eric Cartwright, Mary Morse, Nick Markham, Mike Tenwick.

Please make sure that you are fit enough to undertake the walk you intend to join. If you're unsure of your fitness level, try a short and easy walk first.
Most Ramblers' walks are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.
For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.
If you wish to bring a dog on any walk, please contact the leader beforehand to check suitability.
Most daytime walks have a break for refreshments. Please also bring a packed lunch if out all day.
Please be aware that our walks always depart at the time stated.

Sunday walks are either: two half days, usually with a morning walk of 7 miles and an afternoon walk of about 5 miles; or one full day of 12+ miles; (ending about 4.00pm).
Wednesday morning walks are generally 6-7 miles, finishing by 1.00pm.
Weekday long walks are generally 9-12 miles, finishing mid afternoon.
Weekday ambles are short walks (5 miles or less) conducted at a leisurely pace and may be of particular interest to those new or returning to walking.
Summer Evening walks are usually about 4 miles (1.5 hours).
Leaders state in the programme if a walk is likely to differ appreciably from these guidelines.

If you have any questions about a particular walk, please contact the leader. For other enquiries about our club, please contact any committee member.

The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.



ramblers
at the heart of walking

Ivel Valley Walkers

Bedfordshire Area

2011 Summer Programme

At last, warmth. While one of the great benefits of freezing weather is that ploughed fields are actually traversable, that does not necessarily compensate for the cold that permeates your bones as you huddle in a corner with your flask of lukewarm coffee.

This summer, the message is going to be to ensure that you have the highest factor sunscreen on, and that you are carrying plenty of water. We do want you to enjoy our walks, but be sure that you keep healthy.

This programme again features our popular midweek evening walks, alongside the regular Sunday, Wednesday, and alternate Tuesdays and Thursdays. We have a number of special themed walks, including the final section of the London Loop, another railway walk, and of course our break in Northumberland, all designed to make your walking more interesting and enjoyable.

Further ahead, we have a delightful coach trip to Oxford.

Do come and join us on any of our walks, there is no need to book, and they are free. If it is your first time out with us, introduce yourself to the leader, and he or she can introduce you to the rest of the group.

Unfortunately, we still do not have any volunteers for the upcoming posts of Treasurer and Programme Secretary at the next AGM. If you would like the group to continue, please consider if you could perform either of these vital roles. Both myself, and the current incumbents would be pleased to talk to you about what is involved.

David Stark, Chairman

P.S. for the latest update on any of our walks or events, please refer to www.ivelvalleywalkers.co.uk

Please consider helping Ivel Valley Walkers to reduce costs by receiving your programme by e-mail, or getting it from our website. Please e-mail secretary@ivelvalleywalkers.co.uk if you could help us in this way.

For further information on 'the Ramblers'
visit the web-site at 'www.ramblers.org.uk/'
or Telephone: 020 7339 8500.

Remember to nominate Ivel Valley Walkers as your local group when you decide to take out membership.

Ivel Valley Walks Programme: Summer 2011

Sun 1.5	10:00am & 2:00pm Dunstable Downs - Chiltern Gateway Centre TL008198 7 & 5 miles. Car park charge (free to National Trust members). Marcus 01462 812005
Mon 2.5	9:00am Land, Track and Air. St Neots, Riverside car park TL179600 12 miles. Shared transport to Barrowden. Taking you back to when British engineering was the finest in the world and real ale was king. St Neots car park charge - £1.50 (over 4 hours). Avoid red marked bays. Barry 01234 353704
Tue 3.5	10:00am Pegsdon, near Live & Let Live PH TL121303 12 miles. Marcus 01462 812005

Ivel Valley Walks Programme: Summer 2011

- Wed 4.5 10:00am Renhold, Three Horseshoes PH Top End TL095527 6.5 miles. Gary 01234 870787
- Sun 8.5 10:00am **Timberland Trail**. Ampthill Park car park TL024382 13 miles. Lynda K 01234 740788
- Wed 11.5 10:00am Lilley Village Hall car park TL119263 6.5 miles. Julia 01462 672321
- Thu 12.5 10:00am **Weekday Amble**. Houghton Conquest, meet near Village Hall TL045415 4 miles. Park carefully in High Street. Carol 01582 882628

Sun 15.5 - **5 night Northumberland break.**
Thu 19.5 See overleaf for details Jim 01234 301948

- Sun 15.5 10:00am Breachwood Green, near Red Lion PH. (Near to Luton Airport) TL150220 7 miles. Mike 01462 491032
- Tue 17.5 10:00am Weston Nr Baldock. Holy Trinity Church car park TL266299 10 miles. Sheila 01480 392223 or 07885 615595
- Wed 18.5 10:00am Dunton Church TL237442 6 miles. Park courteously around village. Ed 01438 226590
- Thu 19.5 7:30pm Maulden, Church car park TL058380 4 miles. Carol 01582 882628
- Sun 22.5 8:45am **Spratton, Northants**. Ampthill Park car park TL024382 14 miles. Shared transport to Spratton (north of Northampton). OR meet at the start of the walk, picnic site between Spratton & Brixworth SP737707 for a 10:00 start. John H 01525 840278 or 07768 252461.
- Mon 23.5 7:45pm **Committee Meeting**. Host David Stark Tel. 01234 350644
- Tue 24.5 7:30pm **Nightingale Walk**. Paxton Pits Visitor Centre TL195629 4 miles. Val C 01480 218872
- Wed 25.5 10:00am Wrestlingworth, near Church TL259474 7.5 miles. Antony 01767 601969
- Thu 26.5 10:00am **Weekday Amble**. Northhill, near Church TL149465 4.5 miles. Gill 01462 814959
- Sun 29.5 10:00am & 2:00pm Kimbolton, High St - Castle end. TL099677 6 & 5 miles. Linda T 01480 350345
- Mon 30.5 10:00am **Ashridge Boundary Trail**. Ashridge Estate Visitor Centre, near Bridgewater Monument SP970130 16 miles. Nick M 07803 125876
- Tue 31.5 10:00am Radwell (N Beds) nr old Swan pub TL004575 10 miles. Sue 01234 823974
- Wed 1.6 10:00am Ravensden. Horse & Jockey PH, Church End TL077542 7 miles. Nick W 01234 210437
- Also
- Wed 1.6 7:30pm Shefford, town car park, Old Station Way TL142391 4 miles. Gill 01462 814959
- Sun 5.6 8:30am **London Loop (final section) Belmont-Kingston**. Bedford Railway Station TL041497 11.5 miles. For 8.50 train (Flitwick 9.00). Cost for Group Save is £10.00 each for groups of 4 Tony 01234 831388
- Wed 8.6 10:00am Wimpole Hall car park TL338509 6.5 miles. Parking £2 (free to National Trust members) redeemable against café and shop purchases. Marcus 01462 812005
- Thu 9.6 10:00am **Weekday Amble**. Kimbolton, High St near Church. TL099678 4.5 miles. Antony 01767 601969
- Also
- Thu 9.6 7:30pm Streatley. Village Hall car park, Sharpenhoe Road TL071285 4 miles. Lynda K 01234 740788

Ivel Valley Walks Programme: Summer 2011

- Sun 12.6 10:00am & 2:00pm Ampthill, meet at gates to The Alameda, Woburn Street. TL034381 8 & 6 miles. Nichola 01525 840278
- Tue 14.6 10:00am Arlesey Village Hall Car park TL194361 9 miles. Bernard 01462 700387
- Wed 15.6 10:00am Dunstable Downs - Chiltern Gateway Centre TL008198 6.5 miles. Car park charge (free to National Trust members). Carol 01582 882628
- Thu 16.6 7:30pm Sharnbrook, near the Church SP994596 4 miles. Mary C 01234 781220
- Sun 19.6 10:00am Turvey, in layby on A428 north of river. SP937523 12 miles. David 01234 350644
- Tue 21.6 10:00am **Weekday Amble**. Clifton near Church TL166392 4 miles. Pat & Olga 01462 813848
- Wed 22.6 10:00am Maulden Woods. Car park off A6 north of Clophill TL073394 7 miles. Jim 01234 301948
- Also
- Wed 22.6 7:30pm Ampthill Park car park TL024382 4 miles. Jim 01234 301948

Sat 25.6 8:10am **Staffordshire Railway Walk**. Milton Keynes. Central Railway Station SP841380, to catch 8:25am train to Stafford. 10.5 miles. See overleaf for details Barry 01234 353704

- Sun 26.6 10:00am & 2:00pm Wilden, opposite Victoria Arms PH TL095552 7 & 5 miles. Barry 01234 353704
- Tue 28.6 10:00am Sharnbrook, near the Church SP994596 12 miles. Jim 01234 301948
- Wed 29.6 10:00am Ashwell High Street near Three Tuns PH TL270397 6.5 miles. Marcus 01462 812005
- Also
- Wed 29.6 7:30pm Rowney Warren Wood car park, Sandy Lane, off A600 NW of Shefford. TL125404 4 miles. Marcus 01462 812005
- Sun 3.7 10:00am Godmanchester, car park in Park Lane TL246709 12 miles. No dogs please. Pauline 01480 477188 & 07504 751554 (on the day only)
- Tue 5.7 7:30pm Cardington Church TL086478 4 miles. Park on road by the Green Barry 01234 353704
- Wed 6.7 10:00am Rowney Warren Wood car park, Sandy Lane, off A600 NW of Shefford. TL125404 7 miles. Antony 01767 601969
- Thu 7.7 10:00am **Weekday Amble**. Great Offley, near Red Lion PH TL146266 4.5 miles. Julia 01462 672321
- Sun 10.7 10:00am & 2:00pm Great Staughton, Sundial in village TL130646 7 & 5 miles. Val C 01480 218872
- Tue 12.7 10:00am Wootton. Village Hall car park, Church Road TL007449 11 miles. Eric 01234 315181
- Wed 13.7 10:00am Blunham near Church TL153511 6.5 miles. Tony 01234 831388
- Also
- Wed 13.7 7:30pm Great Barford in New Road by Church TL134517 3.5 miles. Tony 01234 831388
- Sun 17.7 10:00am Woburn, Car park opposite Church SP950332 13 miles. Marcus 01462 812005
- Tue 19.7 7:30pm Stewartby Lake, layby near station TL014424 4 miles. Laurie 01525 403950
- Wed 20.7 10:00am Chapelfoot, The Rusty Gun PH, south of Hitchin on B656 TL199253 6.5 miles. Formerly The Royal Oak PH. Margaret 01582 564929

Ivel Valley Walks Programme: Summer 2011

- Thu 21.7 10:00am **Weekday Amble**. Stagsden, Church of St. Leonard SP982491 4.5 miles. Park carefully in High Street, as Church Lane is narrow. Cheryle 01234 751841
- Sun 24.7 10:00am & 2:00pm Marston Moretaine, Marston Vale Forest Centre TL004418 7 & 5 miles. Nick M 07803 125876
- Tue 26.7 10:00am Colmworth, Village Hall car park TL105584 10 miles. Antony 01767 601969
- Wed 27.7 10:00am Weston Nr Baldock. Holy Trinity Church car park TL266299 6.5 miles. Sheila & Clive 01480 392223 or 07885 615595
- Thu 28.7 7:30pm Harrold Odell Country Park car park SP956566 4 miles. Sheila & Clive 01480 392223 or 07885 615595
- Sun 31.7 10:00am Barton-le-Clay. Old Road Recreation Ground TL083304 12.5 miles. Elizabeth 01234 363755
- Wed 3.8 10:00am Marston Moretaine, Marston Vale Forest Centre TL004418 7 miles. Laurie 01525 403950
- Also
- Wed 3.8 7:30pm Henlow Church. Park at end of Gardeners Lane (off High Street, north of Church). TL177387 4 miles. Bernard & Mary 01462 700387
- Thu 4.8 10:00am **Weekday Amble**. Biggleswade, Dan Albone car park (near Sainsburys) TL187453 4.5 miles. Walk to RSPB. Mary M 01462 700387
- Sun 7.8 10:00am & 2:00pm Therfield (near Royston). Park considerably around village green by The Fox & Duck PH TL336372 7 & 5 miles. Tony 01234 831388
- Tue 9.8 10:00am Aspley Woods car park (signed from lane near Woburn Golf Club) SP925336 11 miles. Laurie 01525 403950
- Wed 10.8 10:00am Silsoe, Park Avenue, near Church TL083356 6 miles. John K 01525 861271
- Thu 11.8 7:00pm **Note earlier start time**. Willington. Grass verge near Dovecote TL106499 4 miles. Brian 01234 823603
- Sun 14.8 10:00am Spaldwick. Park in the High Street TL129728 13 miles. Val C 01480 218872
- Wed 17.8 10:00am Bedford, Mowsbury Park car park, Kimbolton Road TL060528 6.5 miles. Brian 01234 823603
- Thu 18.8 10:00am **Weekday Amble**. Preston nr Hitchin, Village Green TL180247 5 miles. Park in village, meet in front of Red Lion PH. Margaret 01582 564929
- Also
- Thu 18.8 7:00pm **Ghosts & Ghouls in Bedford. Note earlier start time**. Bedford, meet in St. Paul's Square, by statue of John Howard TL050496 3.5 miles. Barry suggests parking along The Embankment as the walk will end on Castle Mound. Barry 01234 353704
- Sun 21.8 10:00am & 2:00pm Sundon Hills Country Park TL047286 7 & 5 miles. Roy 01234 301182
- Tue 23.8 10:00am North Crawley Recreation Ground SP928447 11.5 miles. Brian 01234 823603
- Wed 24.8 10:00am Campton near Church TL130381 6.5 miles. Tony 01234 831388
- Sun 28.8 8:30am **Kingfisher Way Linear Walk**. Tempsford, Church End past Wheatsheaf PH TL162531 21 miles. Car share to start of walk at Baldock. Roy 01234 301182
- Mon 29.8 10:00am Edlesborough, Village Green car park (opposite the village hall) SP974194 9 miles. Sandra 01525 222676
- Wed 31.8 10:00am Harrold Odell Country Park car park SP956566 7 miles. Antony 01767 601969