

Special Events in 2014

Sun 18.5

Coach Trip to the Peak District

The Derbyshire Peak District is a joy at any time of year and particularly in spring. This coach trip includes three Dales, a section of the Limestone Way, a Hermits Cave and Robin Hood's Stride. Enjoy the whole walk or just join us for the afternoon after spending a few hours at Youlgrave in the morning and perhaps venturing to the remains of Middleton Castle before rejoining the group for the afternoon

Cost £20 per person (see the booking slip)

Biggleswade Market Square 7:30 am

Bedford Bus Station 8:00 am

Organiser Barry; Tel: 01234 353704

or e-mail: walking@madasafish.com

Sun 15.6

5 night break in Corfe - Isle of Purbeck

- Fri 20.6

Corfe Castle in Dorset is at the heart of the Isle of Purbeck and is surrounded by some of the best known Jurassic coastal features in Britain. Lulworth Cove and Durdle Door to name just two. The plan is to have a good mix of walks of different lengths ranging from easy to more difficult. Accommodation in the area is available at campsites, self-catering cottages and bed & breakfast houses which should suit most budgets.

Admin fee £10 (see the booking slip)

For more details contact Roy;

Tel: 01234 301182 or email:

roycarter367@hotmail.com

Fri 19.09

Brecon Beacons long weekend

- Mon 22.09

The Beacons National Park covers a large area in South Wales. There are some well-known honey-pot areas (Pen y Fan and Corn Du in the central part, and the Llanthony area of the Black Mountains in the east) which we will be avoiding.

The two full day walks will probably be in the western part of the Park, possibly the Black Mountain (also known as Carmarthen Fan) and the Waterfall Walks around Pontneddfechan. The Black Mountain is a very wild stretch of upland rising to over 800m and some of the paths are quite sketchy, not to mention boggy. The Waterfalls are situated in two or three limestone valleys, but some of them have steep access paths which can become slippery, so it is not a complete doddle. We hope to have some alternate lower level walks for those who do not want to venture onto the hills.

Admin fee £10 (see the booking slip)

Organiser Ian Tel: 01462 812294

or e-mail: webmaster@ivelvalleywalkers.co.uk

Officers and Committee

Chairman:

Andy Nunn Tel: 01525 712297

Email: chairman@ivelvalleywalkers.co.uk

General Secretary:

Julia Winter Tel: 01462 672321

Email: generalsec@ivelvalleywalkers.co.uk

Treasurer:

Craven Taylor Tel: 01234 402617

Email: treasurer@ivelvalleywalkers.co.uk

Membership Secretary:

Sheila Cakebread Tel: 01480 392223

Email: membershipse@ivelvalleywalkers.co.uk

Programme Secretary:

David Broughton Tel 01767 691750 or 07473 173464

Email: programme@ivelvalleywalkers.co.uk

Publicity Officer:

Roger McLeod Tel: 01234 216639 or 07989 307046

Email: publicity@ivelvalleywalkers.co.uk

Web Master:

Ian Jarry Tel: 01462 812294

Email: webmaster@ivelvalleywalkers.co.uk

Footpath Officer:

Mike Tenwick Tel: 01462 850415

Email: footpaths@ivelvalleywalkers.co.uk

Committee:

Eric Cartwright, Sue Tate, Graham Mills.

Please make sure that you are fit enough to undertake the walk you intend to join. If you're unsure of your fitness level, try a short and easy walk first.

Most Ramblers' walks are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.

For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

If you wish to bring a dog on any walk, please contact the leader beforehand to check suitability.

Most daytime walks have a break for refreshments. Please also bring a packed lunch if out all day.

Please be aware that our walks always depart at the time stated.

Sunday walks are either: two half days, usually with a morning walk of

7 miles and an afternoon walk of about 5 miles; or one full day of 12+ miles; (ending about 4.00pm).

Wednesday morning walks are generally 6-7 miles, finishing by 1.00pm.

Weekday long walks are generally 9-12 miles, finishing mid afternoon.

Weekday ambles are short walks (5 miles or less) conducted at a leisurely pace and may be of particular interest to those new or returning to walking.

Bus walks have a bus component, either the chance to reach the start point with the bus or integrated within the walk.

Summer Evening walks are usually about 4 miles (1.5 hours).

Leaders state in the programme if a walk is likely to differ appreciably from these guidelines.

If you have any questions about a particular walk, please contact the leader.

For other enquiries about our club, please contact any committee member.

The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.



Ivel Valley Walkers

Bedfordshire Area

SPRING

2014

WALKING

PROGRAMME

For the latest updates see www.ivelvalleywalkers.co.uk

Ivel Valley Walks Programme: Spring 2014

January

- Wed 1.1 10:00 am **New Years Day**. Tewin Upper Green, Tennis Court CP. AL6 0LH. TL271153 6 miles. Eddie 01438 226590
- Thu 2.1 10:00 am **Weekday Amble**. Breachwood Green Village Hall car park. TL150219 4.5 miles. SG4 8NX. Julia 01462 672321
- Fri 3.1 10:50 am **Linear Bus Walk**. Little Staughton, Grays Grove bus stop. TL105625 6.5 miles. Bedford Bus Station Grant Palmer bus 28 at 9:55 to Little Staughton, Grays Rd. Returning on service 27 from Victoria Arms Wilden 13:46. Barry 01234 353704 or 07860 348347 on the day
- Sun 5.1 10:00 am & 1:45 pm Bedford, Mowsbury Park car park, Kimbolton Road. TL060528 7 & 5 miles. Eric 01234 315181 or 07761 589281
- Wed 8.1 10:00 am Pegsdon, Live & Let Live PH. TL121303 6.5 miles. Park at pub if eating/drinking, otherwise Pegsdon Way. Derek 01462 712462 or 07410 973338
- Sun 12.1 10:00 am **Wendover Woods - taking in parts of the Ridgeway, Grims Ditch and Tring Park**. Wendover Woods small free car park, 1 km SE of main Wendover Woods car park, just where the one-way system exits onto the public road. HP23 6LD. SP897083 12 miles. Meet at 08:30 at Ampthill Park West Car Park TL024382 for shared transport. Ian 01462 812294 or 07866 389443
- Mon 13.1 7:45 pm **IVW Committee Meeting**. Sheila 01480 392223 or 07885 615595
- Tue 14.1 10:00 am Langford Wind Farm and Hinxworth Place. Langford Village Hall car park, Mill Lane. TL184412 12 miles. Includes crossing A1 twice. Ian 01462 812294 or 07866 389443
- Wed 15.1 10:00 am Riseley. Fox & Hounds PH. TL040627 6.5 miles. Hopefully some walkers will eat here. Tel. 01234 708240. Mary 01234 781220 or 07963 971710 on the day only

BEDFORDSHIRE RAMBLERS - MAP READING COURSES SPRING 2014

- Sun 6th April Lilley Village Hall - MAP AWARENESS COURSE an introduction to all you need to know on how to read a map

- Sun 27th April Sundon Village Hall - WALKING WITH A COMPASS - a guide on how to use compass to navigate your way

The cost per course is £7.50

For full details or to book a place please contact Nick on 07803 125876 or ivwramblers.nm@ntlworld.com



5 night break in Corfe - Isle of Purbeck June 2014

Corfe Castle in Dorset is at the heart of the Isle of Purbeck and is surrounded by some of the best known Jurassic coastal features in Britain. Lulworth Cove and Durdle Door to name just two. The plan is to have a good mix of walks of different lengths ranging from easy to mostly difficult. Accommodation in the area is available at campsites, self-catering cottages and bed & breakfast houses which should suit most budgets.

Admin fee £10 (See booking slip)

For more details contact Roy;

Tel: 01234 301182 or email:

roycarter367@hotmail.com

Tourist board:

<http://www.purbeck.org.uk/>

Isle of Purbeck accommodation:

<http://www.virtual-swanage.co.uk/accommodation/default.aspx>

Corfe accommodation:

<http://www.jurassicjaunts.co.uk/Corfe-Castle.aspx>

<http://www.holidaylettings.co.uk/corfe-castle>

For the latest updates see www.ivelvalleywalkers.co.uk

Ivel Valley Walks Programme: Spring 2014

- Wed 23.4 10:00 am **Bluebell Walk**. Wootton, park carefully in Hall End Road near Chequers PH. TL001457 6.5 miles. Martin 01234 767876 or 07761 209981 on the day
- Thu 24.4 10:00 am **Weekday Amble**. Maulden. The Brache (Road beside the recreation ground). TL051381 4.5 miles. Bruce 01525 402885
- Fri 25.4 11:30 **Bus to Walk**. St Neots, Market Square X5 Stop E. TL181602 6.5 miles. Bedford Bus Station X5, Stop E 10:55 bus to St Neots. Pat P 01480216029
- Sat 26.4 10:00 am **Ripple**. East Area. Sutton Bridleway 9 clearance. Point of contact Andrew Gwillam 0300 3006544. Meet at High Street near John O'Gaunt Public House
- Sun 27.4 10:00 am & 2:00 pm Weston, Herts. (near A1M Jn 9). Maiden Street near duck pond. TL259301 7.5 & 5 miles. Mike C 01462 491032 or 07815 939549
- Wed 30.4 10:00 am **Cowslip Walk**. Radwell Meadows Country Park, off Nortonbury Lane near Letchworth. TL234349 7 miles. Antony 01767 601969 or 07857 890829 on the day

Please consider helping Ivel Valley Walkers to reduce costs by receiving your programme by e-mail, or getting it from our website. Please e-mail secretary@ivelvalleywalkers.co.uk if you could help us in this way.

CAR SHARING. WHY NOT SHARE?

THE BEDFORD PARK & RIDE JUST NORTH OF THE A421 RING ROAD ON THE A6 OFFERS A NATURAL MEETING POINT. TL042470, POSTCODE MK42 9XF

For further information on 'the Ramblers' visit the web-site at 'www.ramblers.org.uk/'

or telephone: 020 7339 8500.

Remember to nominate Ivel Valley Walkers as your local group when you decide to take out membership.

Ivel Valley Walks Programme: Spring 2014

- Tue 8.4 10:00 am Sharnbrook village car park, opposite post office. SP995596 12 miles. Val B 07527 052095
- Wed 9.4 10:00 am Lilley, Cassel Memorial Hall car park, near church. TL119263 6 miles.
Julia 01462 672321 or 07840 707924
- Thu 10.4 10:00 am **Weekday Amble**. Biggleswade, park at end of Dunton Lane . TL204435 5 miles. (no through road off A6001 London Road, next to BP petrol station). Antony 01767 601969 or 07857 890829 on the day
- Thu 10.4 10:00 am **Ripple**. East Area. Sutton Bridleway 8 clearance. Point of contact Andrew Gwillam 0300 3006544. Meet at High Street near John O'Gaunt Public House
- Sun 13.4 10:00 am & 2:00 pm Riseley, High Street near the former Five Bells PH. TL040627 7 & 5 miles. Sue & Bob 01234 823974 or 07849 827049
- Wed 16.4 10:00 am Ampthill Park, west car park. TL024382 7 miles.
Jim 01525 405344 or 07966 735318
- Fri 18.4 10:00 am **Good Friday**. Dunstable Downs - Chiltern Gateway Centre. TL008194 9 miles. Car park charge (free to National Trust members). Nick M 07803 125876
- Sun 20.4 10:00 am Maulden Woods. Car park off A6 north of Clophill. TL073394 12 miles.
Jim 01525 405344 or 07966 735318
- Mon 21.4 08:30 am **Easter Monday, London Parks & Heaths; Golders Green to Westminster**. Bedford Railway Station. TL041497 9 miles. 8.48 train (Flitwick 8:58); Group Save return for 4 people £10 at 2013 prices
Tony S 01234 831388
- Tue 22.4 10:00 am Ashridge Estate Visitor Centre, near Bridgewater Monument. SP970130 13 miles.
Marcus 01462 812005 or 07417 498199 on the day

A message from our new Chairman.

Hello and welcome to the 2014 Spring walk programme. At the AGM in November, I was privileged to be elected as Chairman of IVW, and I would like to take this opportunity to thank the retiring committee members, who have worked very hard on behalf of the group. This year will see the 30th anniversary of the formation of the Ivel Valley group, and whilst not having the same cachet as the 25th anniversary, the committee would nonetheless like to mark the occasion. We have already had an offer to lead a 30km walk (thanks to Jim Middlemiss), and this will be included in the Summer programme once the date has been agreed, but the committee would welcome other suggestions, so please send your thoughts to any committee member either in person or via the email addresses shown in the programme, preferably before the next committee meeting on 13th January. Please don't feel constrained to limit suggestions to the 30th anniversary; the committee would welcome views and suggestions on any topic that would benefit the group. Perhaps if you think "If I could change just one thing..."

Last year there was some debate regarding the start time for evening walks, and at the AGM it was agreed that this would generally be 7:30pm in May-Jul and 7:00pm in August. This will be reflected in the Summer programme.

In 2014 we will again have two coach trips and two short breaks. Please support the leaders, who put so much time and effort into organising these events, and it would help enormously if you book as early as possible. Finally, I would like to offer a word of thanks to the walk leaders and co-ordinators for putting together such an extensive and varied programme. The Ivel Valley group stands out as the most active group in the area, and it down to the hard work of these volunteers. They deserve your support, and I know you won't let them down.

Andy Nunn

Ivel Valley Walks Programme: Spring 2014

- Thu 16.1 10:00 am **Weekday Amble**. Flitwick, Flitwick Moor. TL041349 5 miles. Park in or near Moor Lane. Carol 01582 882628
- Sun 19.1 10:00 am & 1:45 pm Toddington Green. TL009288 7 & 5 miles.
Nick M 07803 125876
- Wed 22.1 10:00 am Cambridge, Newmarket Road Park & Ride. TL492593 7 miles. Off A1303 from A14 Jct 35. CB5 8AA.
Antony 01767 601969 or 07857 890829 on the day
- Fri 24.1 10:15 am **Circular Bus to Walk**, including The Emmaus Village. Carlton, The Fox PH, High St. MK43 7LA. SP954552 6 miles. Bedford Bus Station, Grant Palmer bus 25 at 9:45, Bay G.
Sue & Bob 01234 823974 or 07849 827049
- Sun 26.1 10:00 am Dunstable Downs - Chiltern Gateway Centre. TL008194 10 miles.
Tony D 01582 604906 or 07786 676565
- Tue 28.1 10:00 am Standon, near St Marys church. TL396223 9 miles. Linear walk to Ware return by 331 bus. Eddie 01438 226590
- Wed 29.1 10:00 am Milton Keynes, Caldecott Lake North C.P, off Bletcham Way eastbound. SP887355 6.5 miles. MK7 8HP.
Tony S 01234 831388
- Thu 30.1 10:00 am **Weekday Amble**. Ickleford, Sports & Recreation Centre car park, Chambers Lane. TL180318 4 miles.
Julia 01462 672321 or 07840 707924
- February**
- Sun 2.2 10:00 am & 1:30 pm Braughing, village square. Park courteously round village. SG11 2QR. TL397251 6 & 6 miles.
Morning walk to Albury, afternoon walk to Little Hornead. Eddie 01438 226590
- Wed 5.2 10:00 am Lilley - Offley Circular. Lilley, Cassel Memorial Hall car park, near church. TL119263 6.5 miles.
Carol 01582 882628

For the latest updates see www.ivelvalleywalkers.co.uk

Ivel Valley Walks Programme: Spring 2014

- Fri 7.2 11:15 am **Bus to Walk - "Getting two the Point"**, an informative and meandering walk, on good surfaces and unaffected by the weather. Milton Keynes, Coachway Bus Station. SP893404 7.5 miles. Bedford Bus Station X5 10:45 bus to Milton Keynes Coachway. Returning on X5 from central Milton Keynes. Barry 01234 353704 or 07860 348347 on the day
- Sun 9.2 10:00 am Keysoe Row Village Hall. TL083612 13 miles. Roy 01234 301182 or 07784 208997
- Tue 11.2 10:00 am Pegsdon, near Live & Let Live PH. TL121303 12 miles. Jim 01525 405344 or 07966 735318
- Wed 12.2 10:00 am Stotfold Mill Nature Reserve CP near Stotfold. TL223367 6 miles. SG5 4NU. Ian 01462 812294 or 07866 389443
- Thu 13.2 10:00 am **Snowdrop Amble**. Henlow Church, park at end of Gardeners Lane (off High Street, north of Church). TL177387 4.5 miles. Mary 01462 700387 or 07885 778228
- Sun 16.2 10:00 am & 1:45 pm Sharnbrook village car park, opposite post office. SP995596 7 & 5 miles. Graham 01462 711751 or 07776 430750
- Wed 19.2 10:00 am Souldrop, park carefully in village High St. SP985617 6 miles. MK44 1EY. Francis 01234 852957 or 07503 522259
- Fri 21.2 11:15 am **Bus to Walk**, view The New Luton and Dunstable Bus Way. Luton, Stop G1 Galaxy Centre. TL089214 7 miles. Bedford Bus Station, 10:15 bus 81, Bedford to Luton, gate 8. Eddie 01438 226590
- Sun 23.2 10:00 am Shefford, town car park, Old Station Way. TL142391 11 miles. Mike T 01462 850415 or 079819 00620
- Tue 25.2 10:00 am Milton Ernest. Marsh Lane off Thurleigh Rd. Nr Church TL019561 11 miles. Sue & Bob 01234 823974 or 07849827049

Ivel Valley Walks Programme: Spring 2014

- Wed 26.2 10:00 am Roxton, High St near Village Hall. TL152545 7 miles. Tony S 01234 831388
- Thu 27.2 10:00 am **Weekday Amble**. Wrestlingworth near church. TL259474 5 miles. Park considerably around village. Derek 01462 712462 or 07410 973338
- March**
- Sun 2.3 10:00 am & 1:45 pm **Three Hills Circular & A Walk on The Wildside**. Ridgmont Train Station SP965373 7 & 6 miles. Barry 01234 353704 or 07860 348347 on the day
- Wed 5.3 10:00 am **'NIMBY' walk**. Biggleswade, Dan Albone car park (near Sainsburys). TL187453 6 miles. See Langford's Wind Farm at close range. Antony 01767 601969 or 07857 890829 on the day
- Fri 7.3 10:05 am **Bus to Walk**. Cranfield, Vale Court stop. SP966428 9 miles. Bedford Bus Station, bus 52 at 9:30. Tony S 01234 831388
- Sun 9.3 10:00 am Woburn, car park opposite Church. SP950332 12 miles. Bob & Celia 01234 768011 or 07710 768282
- Tue 11.3 10:00 am Ampthill Park West car park . TL024382 12 miles. Bob & Celia 01234 768011 or 07710 768282
- Wed 12.3 10:00 am Keysoe Row, Village Hall. TL083612 7 miles. Nick W 01234 210437 or 07950 673657
- Thu 13.3 10:00 am **Weekday Amble**. Sharpenhoe Clappers car park. TL065296 4 miles. Carol 01582 882628
- Sun 16.3 10:00 am & 1:45 pm Old Warden Village Hall car park. TL138440 8.5 & 3.5 miles. Marcus 01462 812005 or 07417 498199 on the day
- Wed 19.3 10:00 am Ayot Green car park, on right after Ayot Green on Ayot St Peter Rd. TL221144 6 miles. Ian 01462 812294 or 07866 389443
- Fri 21.3 10:45 am **Bus to Walk**, Bromham, Oakley and Stevington. Bromham Mill. TL010507 6 miles. Bedford Bus Station 10:15, nr 41 from bay 11. Val B 07527 052095

Ivel Valley Walks Programme: Spring 2014

- Sun 23.3 08:30 am **Foxton Locks, NW of Market Harborough**. Bedford Park gates at the top of De Parys Avenue. TL050506 11 miles. Shared transport. Parking fee at Foxton. Tony S 01234 831388
- Tue 25.3 10:30 am Note late start. Burrough Green, Church Lane. On B1061 from Newmarket. TL637554 12 miles. Discover source of river Stour. Antony 01767 601969 or 07857 890829 on the day
- Wed 26.3 10:00 am Waresley Woods car park. TL256550 6 miles. Off Waresley to Great Gransden road. (max vehicle height 2.1m) Sheila 01480 392223 or 07885 615595
- Thu 27.3 10:00 am **Weekday Amble**. Lilley, Cassel Memorial Hall car park, near church. TL119263 4 miles. Park to left of car park entrance. Julia 01462 672321 or 07840 707924
- Sun 30.3 10:00 am & 2:00 pm Ashridge Estate Visitor Centre, near Bridgewater Monument. SP970130 7 & 5 miles. Nick M 07803 125876
- April**
- Wed 2.4 10:00 am **Walk to RSPB**. Biggleswade, Dan Albone car park (near Sainsburys). TL187453 7 miles. Marcus 01462 812005 or 07417 498199 on the day
- Fri 4.4 11:30 am **Bus to Walk**, Delightful village, river, country estate and rolling countryside. Sherrington, The Green, corner of High St and Church Rd. SP887464 6.5 miles. Bedford Bus Station bus 40 at 10:45, nr 40 Stagecoach bus from gate 11. Marcus 01462 812005 or 07417 498199 on the day
- Sun 6.4 10:00 am Letchworth, Wilbury Hills Picnic Site car park. TL200326 13 miles. Graham 01462 711751 or 07776 430750