

Special Events in 2013

Sun 19.5 Coach Trip to Avebury Rings and Marlborough

Enjoy the open vistas of the Marlborough Downs in Wessex. Starting near Calne, a morning walk of 4.5 miles brings us to the village of Avebury with its ring of Neolithic Stones said to be older than nearby Stonehenge.

Lunch will be taken here with time to view the Stones. The afternoon walk of 6 miles follows the Wessex Ridgeway to the town of Marlborough, where there will be time for tea before returning. Option to spend the morning at Avebury and/or the afternoon exploring Marlborough.

Cost £19 per person (see the booking slip)
Biggleswade Market Square 7:30 am
Bedford Bus Station 8:00 am

Organiser Tony; Tel: 01234 831388 or e-mail:
tony.sheward@btinternet.com

Sun 16.6 5 night break in Yorkshire Dales

- Fri 21.6

Grassington in the heart of the Yorkshire Dales is surrounded by wonderful countryside and excellent walking opportunities. Accommodation ranges from campsites to self-catering to bed & breakfast and should suit most budgets.

Admin fee £10 (See booking slip)

For more details contact Barry Tel 01234 353704

Fri 4.10 A weekend in the Forest of Bowland

- Mon 7.10

This surprisingly undiscovered corner of Lancashire offers a wide variety of walking opportunities, from forests to grouse moors, fast running rivers to real hills.

We will be staying at a mill, near the village of Chipping, that has been converted to self catering accommodation, each unit being both luxurious & different, and with direct access to Snape Fell from the door.

URGENT

Please contact David Slark as soon as possible.

To ensure exclusive use of the mill we have to book by **31st December, 2012**, so please contact David now to register your interest or to obtain further details. You can contact him by e-mail at: chairman@IvelValleywalkers.co.uk or by telephone on 01234 350644

Officers and Committee

Chairman:

David Slark Tel: 01234 350644

Email: chairman@ivelvalleywalkers.co.uk

General Secretary:

Julia Winter Tel: 01462 672321

Email: generalsec@ivelvalleywalkers.co.uk

Treasurer:

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Email: treasurer@ivelvalleywalkers.co.uk

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Email: membershipsec@ivelvalleywalkers.co.uk

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Publicity Officer:

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Web Master:

Nick Markham Tel: 07803 125876

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Footpath Officer:

Marcus Kilby Tel: 01462 812005

Committee:

Eric Cartwright, Mike Tenwick.

Please make sure that you are fit enough to undertake the walk you intend to join. If you're unsure of your fitness level, try a short and easy walk first.

Most Ramblers' walks are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.

For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

If you wish to bring a dog on any walk, please contact the leader beforehand to check suitability.

Most daytime walks have a break for refreshments. Please also bring a packed lunch if out all day.

Please be aware that our walks always depart at the time stated.

Sunday walks are either: two half days, usually with a morning walk of 7 miles and an afternoon walk of about 5 miles; or one full day of 12+ miles; (ending about 4.00pm).

Wednesday morning walks are generally 6-7 miles, finishing by 1.00pm.

Weekday long walks are generally 9-12 miles, finishing mid afternoon.

Weekday ambles are short walks (5 miles or less) conducted at a leisurely pace and may be of particular interest to those new or returning to walking.

Summer Evening walks are usually about 4 miles (1.5 hours).

Leaders state in the programme if a walk is likely to differ appreciably from these guidelines.

If you have any questions about a particular walk, please contact the leader.

For other enquiries about our club, please contact any committee member.

The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.



Ivel Valley Walkers

Bedfordshire Area

For the latest updates see www.ivelvalleywalkers.co.uk

2013 Spring Programme

The club is having difficulty in finding enough volunteers, both in helping to run things and in leading the walks, especially the Sunday morning and afternoon figure of eight walks which we call splits. Due to difficulty in recruiting leaders a number of splits have been replaced with full day walks on this programme as a stop gap measure.

We understand that the club is only one part of our private lives, but it is becoming more difficult to present a full programme and the burden falls most heavily on a few individuals who do most of the volunteering.

Although the job of Secretary has been split into two to ease the workload, Julia Winter an already active walk leader & walk co-ordinator only offered with reluctance to take on the job of General Secretary due to the dearth of volunteers.

Sheila Cakebread has kindly agreed to come back and take over as Membership Secretary, and we owe a debt of gratitude to Mary Carrington who has done a great job as Secretary.

To encourage new leaders we hope to run a mentoring programme in the summer under the leadership of Nick Markham, to give people help in leading their first walks. Please consider whether you could volunteer to lead just one walk per programme - remember many hands make light work!

The Bus Walks, introduced by Marcus and giving walkers a chance to use public transport have been a success and will continue in this Spring Programme. Please give these walks your support and enjoy the slightly later start times.

David Slark has proposed a trip away in October, but needs people to register their interest straight away as he wishes to book the exclusive use of a mill, which needs to be done before the end of December. Please contact him quickly for further details.

And lastly a thank you to Mary Morse who has retired from the committee, but will continue as co-ordinator for the Wednesday walks.

For further information on 'the Ramblers'
visit the web-site at 'www.ramblers.org.uk/'
or Telephone: 020 7339 8500.

Remember to nominate Ivel Valley Walkers as your local group when you decide to take out membership.

Ivel Valley Walks Programme: Spring 2013

- Tue 1.1 10:00 am Amphill Park West car park TL024382 9 miles. Nick M 07803 125876
- Wed 2.1 10:00 am Pitstone Hill car park SP955149 8 miles. Take B488 SE of Ivinghoe, then road to Aldbury (Stocks Rd). Ian 01462 812294 or 07866 389443
- Thu 3.1 10:00 am **Weekday Amble** Sharpenhoe Clappers car park TL065296 4 miles. Carol 01582 882628
- Sun 6.1 10:00 am & 1:45 pm Paxton Pits Visitor Centre TL195629 7 & 5 miles. Val 07570 893198
- Wed 9.1 10:00 am Rowney Warren Wood car park, Sandy Lane, off A600 NW of Shefford TL125404 6.5 miles. Marcus 01462 812005 or 07417 498199
- Sun 13.1 10:00 am Newport Pagnell, Queens Avenue car park SP874439 9 miles. David 01234 350644 or 07887 562514
- Tue 15.1 10:00 am **Buntingford Orbital Walk** (BIRDOW) Aspenden village, meet by village sign near underpass for A10. TL364284 10 miles. Eddie 01438 226590
- Wed 16.1 10:00 am Little Park Farm, Hawk Drive, Brickhill, Bedford TL048525 7 miles. Nick W 01234 210437 or 07950 673657
- Thu 17.1 10:00 am **Weekday Amble** Lilley, Cassel Memorial Hall car park TL119263 4 miles. Julia 01462 672321
- Sun 20.1 10:00 am & 1:45 pm Marston Moretaine, Marston Vale Forest Centre TL004418 7 & 4.5 miles. Nick M 07803 125876
- Wed 23.1 10:00 am Broom, High St, near The Cock PH TL172430 6 miles. Marcus 01462 812005 or 07417 498199
- Fri 25.1 10:45 am **Bus to Walk** Lower Stondon, park in Station Road near to The Bird in Hand PH if going by car TL163356 6.5 miles. Nr 71 bus departing from Bedford Bus station 9:35 Barry 01234 353704 or 07860 348347 on the day
- Sun 27.1 10:00 am Pirton, The Green TL146316 12 miles. Jim 01525 405344 or 07966 735318
- Tue 29.1 10:00 am Barton-le-Clay. Old Road Recreation Ground TL083304 12 miles. Jim 01525 405344 or 07966 735318
- Wed 30.1 10:00 am Wrest Park, car park TL092356 6.5 miles. Carol 01582 882628
- Thu 31.1 10:00 am **Weekday Amble** Ickleford, Sports & Recreation Centre car park, Chambers Lane. TL180318 4 miles. Julia 01462 672321
- Sun 3.2 10:00 am **Whipsnade and Animal Safari**, Whipsnade Tree Cathedral car park. TL009180 11.5 miles. Bernard 07885 778228
- Wed 6.2 10:00 am Ickleford, Chambers Lane near village green TL183317 6 miles. Ian 01462 812794 or 07866 389443
- Fri 8.2 11:00 am **Bus to Walk** Denton, Northamptonshire, near church. SP838579 6 miles. Nr 41 bus departing Bedford Bus Station 10:15 Roger 1234 216639 or 07989 307046
- Sun 10.2 10:00 am Harrold Odell Country Park car park SP956566 13 miles. Roy 07784 208997
- Tue 12.2 10:00 am Ashridge Estate Visitor Centre, near Bridgewater Monument SP970130 12 miles. Ian 01462 812294 or 07866 389443
- Wed 13.2 10:00 am Haynes Village Hall car park, Northwood End Road TL101420 7 miles. Northwood End Road Antony 01767 601969 or 07857 890829 on the day

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- Thu 14.2 10:00 am **Snowdrop Amble** Henlow Church, park at end of Gardeners Lane (off High Street, north of Church) TL177387 4 miles. Mary 01462 700387 or 07885 778228
- Sun 17.2 10:00 am & 1:45 pm Wilstead, car park in Whitworth Way TL066435 7 & 5 miles. Tony 01234 831388
- Wed 20.2 10:00 am Woburn car park, opposite the Church SP950332 7 miles. Geoff 01525 712207 or 07871 921686
- Fri 22.2 10:30 am **Bus to Walk** Shefford, outside Scout Hut, opposite church in High St. TL143391 7 miles. Marcus 01462 812005 or 07417 498199
- Sun 24.2 10:00 am Weston, Herts. (near A1M Jn 9). Maiden Street near duck pond TL259301 13 miles. Mike 01462 491032 or 07784 208997
- Tue 26.2 10:00 am **Stour Valley Path Section 1** Newmarket July Racecourse Gate 3 park at end of cul de sac TL618614 12 miles. Shared transport to Gt Thurlow. Antony 01767 601969 or 07857 890829 on the day
- Wed 27.2 10:00 am Amphill Park West car park TL024382 7 miles. Jim 01525 405344 or 07966 735318
- Thu 28.2 10:00 am **Weekday Amble** Paxton Pits Visitor Centre TL195629 4.5 miles. Sheila 01480 392223 or 07885 615595
- Sun 3.3 10:00 am & 1:45 pm Sharnbrook village car park, opposite post office SP995596 7 & 5 miles. Barry 01234 353704 or 07860 348347 on the day
- Wed 6.3 10:00 am Croydon, Cambs. High Street nr Queen Adelaide pub TL 313493 6.5 miles. Tony 01234 831388
- Fri 8.3 11:00 am **Bus to Walk** Hitchin, café in Market Square TL184290 6.5 miles. 71 or 72 bus from Bedford, half hourly. Marcus 01462 812005 or 07417 498199
- Sun 10.3 10:00 am Olney, Market Square SP889512 13 miles. Roy 07784 208997
- Tue 12.3 10:00 am Pavenham Village Hall SP998556 12 miles. Eric 01234 315181 or 07761 589281
- Wed 13.3 10:00 am Potton, Brook End car park TL225491 6.5 miles. Marcus 01462 812005 or 07417 498199
- Thu 14.3 10:00 am **Weekday Amble** Pegsdon, near Live & Let Live PH TL121303 5 miles. Park in PH car park if visiting pub at end of amble. Margaret 01582 564929 or 07840 707924
- Sun 17.3 10:00 am **Circular walk via Eversholt** Woburn, car park opposite Church SP950332 12 miles. John 01525 840278
- Wed 20.3 10:00 am **Daffodil Walk** Dunsbridge Turnpike (NE of Melbourn, Cambs) by Green Man PH TL397467 6 miles. Just off A10, follow signs to Melbourn Science Park Antony 01767 601969 or 07857 890829 on the day
- Fri 22.3 10:30 am **Bus to Walk** Bedford, St. Paul's Square, by outside café TL050497 7.5 miles. Marcus 01462 812005 or 07417 498199
- Sun 24.3 10:00 am Wimpole Hall car park TL338509 12 miles. Parking £2 (free to National Trust members) redeemable against café and shop purchases. No dogs please. Pauline 01480 477188, 07504 751554 on the day only
- Tue 26.3 10:00 am Rowney Warren Wood car park, Sandy Lane, off A600 NW of Shefford TL125404 13 miles. Marcus 01462 812005 or 07417 498199

P.S. for the latest update on any of our walks or events, please refer to www.ivelvalleywalkers.co.uk

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- Wed 27.3 10:00 am Weston Nr Baldock, Holy Trinity Church car park TL266299 6.5 miles. Sheila 01480 392223 or 07885 615595
- Thu 28.3 10:00 am **Weekday Amble** Houghton Conquest Village Hall car park TL045415 4 miles. Park at far end of car park. Bruce 01525 402885
- Fri 29.3 10:00 am **Good Friday Walk**, Sundon Hills Country Park TL047286 9 miles. Nick M 07803 125876
- Sun 31.3 10:00 am **Easter Sunday Morning Walk**, Maulden Woods, Car park off A6 north of Clophill TL073394 7.5 miles. Lynda 01234 740788
- Mon 1.4 **Capital Ring Easter Monday Walk** - Wimbledon Park to Osterley. Bedford Railway Station TL 041497 11 miles. 8:49 train (Flitwick 8:59); book one day travel card, 2012 cost - £10 each for groups of 4 under Group Save scheme. Tony 01234 831388
- Wed 3.4 10:00 am Lilley, Cassel Memorial Hall car park TL119263 6.5 miles. Julia 01462 672321
- Sun 7.4 10:00 am Waterbeach, opposite Baptist Church, Chapel Street, CB25 9HR TL496652 9 miles. Train back from Ely To Waterbeach, currently £4.10 without Senior Travel Card. Roger 1234 216639 or 07989 307046
- Tue 9.4 10:00 am **Stour Valley Path Section 2** Gt Thurlow Village Hall car park on B1061 TL678504 11.5 miles. Shared transport to Clare. Antony 01767 601969 or 07857 890829 on the day
- Wed 10.4 10:00 am Sandon, The Green TL322345 6.5 miles. Tony 01234 831388
- Thu 11.4 10:00 am **Weekday Amble** Ayot Green car park, on right after Ayot Green on Ayot St Peter Rd. TL221144 5 miles. Antony 01767 601969 or 07857 890829 on the day
- Sun 14.4 10:00 am & 2:00 pm Great Offley Church TL145268 8 & 5 miles. Please do not park in the front of the church or the adjacent graveyard. Mike 01462 491032 or 07784 208997
- Wed 17.4 10:00 am **Bluebell Walk** Wootton, The Chequers [if having lunch] or park in road TL001457 6.5 miles. Martin 01234 767876
- Fri 19.4 10:30 am **Bus to Walk** Willington, park in Grange Way, off Station Road near crossroads TL114497 7 miles. 73 bus departing from Bedford at 9:50 or departing Biggleswade 09:45 & Sandy 10:01 Tony 01234 831388
- Sun 21.4 10:00 am Hexton, near Raven PH TL106307 12 miles. Eric 01234 315181 or 07761 589281
- Tue 23.4 10:00 am Sherington, Bucks. The Knoll SP887464 12 miles. Bob and Sue 01234 823974 or 07849 827049
- Wed 24.4 10:00 am **Bluebell Walk** Great Offley, nr Red Lion PH TL146266 6 miles. Margaret 01582 564929 or 07840 707924
- Thu 25.4 10:00 am **Weekday Amble** Great Offley, near Red Lion PH TL146266 5 miles. Margaret 01582 564929 or 07840 707924
- Sun 28.4 10:00 am & 2:00 pm **Walk around Fenstanton, Fen Drayton Lakes, St Ives & Holywell**. St. Ives Park & Ride, off Meadow Lane (east of the A1096 (Harrison Way), PE27 4LG TL319709 7 & 5 miles. Trevor 07747 065795