Sunday walks are either two half days usually with a morning walk of 7 miles and an afternoon walk of about 5 miles, or one full day of 12+ miles, ending about 4:00pm.

Tuesday walks are generally 9-12 miles, finishing mid afternoon.

Wednesday morning walks are generally 6-7 miles, finishing by 1:00pm.

Thursday Ambles are short walks of 5 miles or less conducted at a leisurely pace and may be of particular interest to those new or returning to walking.

Friday Bus Walks have a bus component, either the chance to reach the start point with the bus or integrated within the walk.

Summer Evening Walks are of 4 - 4.5 miles, on various weekdays and start at either 7:00pm or 7:30pm.

Notes for walkers:

- Please make sure that you are fit enough to undertake the walk; if you are unsure of your fitness level, try a short and easy walk first.
- Most Ramblers' walks are off-road in rural areas. Please have suitable footwear and clothing; leaders may not accept participants who in their opinion are inadequately equipped or unfit.

- For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

- If you wish to bring a dog on any walk, please contact the leader before to check suitability.
- Most walks have a refreshment break; please bring a packed lunch if out all day.
- Please be aware that our walks always depart at the time stated.

- The walks are free, but if you walk regularly with us we would like you to join the Ramblers.

Committee Members:

Chairman: Roy Carter 01234 301182 chairman@ivelvalleywalkers.co.uk

General Secretary: Sue Tate 01234 823974 generalsec@ivelvalleywalkers.co.uk

Treasurer: John Kirkham 01525 861271 treasurer@ivelvalleywalkers.co.uk

Membership Secretary: Richard Brain 01767 220643 membershipsec@ivelvalleywalkers.co.uk

Programme Secretary: Andy Knight 01582 614644 programmeivw@gmail.com Publicity Officer: Graham Mills 01462 711751 ivwpublicity@gmail.com

Web Master: Ian Jarry 01462 812294 webmaster@ivelvalleywalkers.co.uk

Footpath Officer: Derek Turner 01462 712462 footpaths@ivelvalleywalkers.co.uk

Social Secretary: Roger McLeod 01234 216639 rogermcleod@hotmail.com

Committee members: Carol Bond, Jan Wolfarth and Mandy Wisson

The Ramblers is a registered charity (England & Wales no 1093577, Scotland no SCO39799) and a company limited by guarantee, registered in England and Wales (no 4458492). Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW. Page 12



ramblers

at the heart of walking



Sundays, Tuesdays, Wednesdays, Thursdays, Fridays, various evenings and two Saturdays

New walkers are always very welcome

Ivel Valley Walkers

As usual, in this Summer 2017 Walking Programme you will find details of our regular walks on Sundays, Tuesdays, Wednesdays, Thursdays and Fridays together with two on Saturdays and evening walks most weeks from late May to late August. They are of differing distances and walking pace; full details of dates, meeting locations, walk distances and leaders are on pages 3 to 10, with more general descriptions of the various walk types on the back cover.

In addition to our usual local Bedfordshire walks, in this Summer Programme we have 4 Train Trips: - three to walk in London and one further afield to Sussex. There is also one early morning Breakfast Walk (Sat 10th June) and the ongoing series of walks on the North Chilterns Trail will continue with 2 further walks; in the autumn we will complete our walks on the entire 42 mile trail.

As last year, Barry will be leading other evening walks from the north of Bedford; e.g. 'Say Farewell to the Longest Day' a late evening walk (21st June); for details of these please contact him at *barry.ingram74@btinternet.com*.

Events in 2017 are shown on pages 10 and 11 where there are details of a Coach Trip to Norfolk (June) with a walk on the Wherryman's Way and visit to Norwich, a 7 day Holiday to Rothbury in Northumberland (June / July) with an extensive programme of walks / visits and also a Long Weekend in the Yorkshire Dales (Sept / Oct) to Swaledale and Wensleydale. Furthermore, a weekday evening visit to The London Gliding Club (July) at Dunstable Downs and a Barn Dance (November) are being planned.

RIPPLE activities (Restoring & Improving Public Paths for Leisure & Enjoyment) in Bedford Borough will continue on every third Tuesday morning in the month. Similarly, work in Central Bedfordshire will be every first Tuesday in the month. Full details for both will be supplied by Barry - *barry.ingram74@btinternet.com* - who is the person to contact if you would like to join the activities.

Last, but not least, we are always striving to improve the Ivel Valley Walking Programme and as such would welcome ideas for different walks and also new leaders to help deliver them; full support is available to all new and existing walk leaders. Please contact me - Andy *andy.knight2@ntlworld.com*.

Please consider helping lvel Valley Walkers to reduce costs by receiving your programme by e-mail, or getting it from our website. Please e-mail **secretary@ivelvalleywalkers.co.uk** to help us in this way.

Fri 30th June to Fri 7th July - Holiday in Rothbury

Rothbury is located in Coquetdale having a varied and often undiscovered landscape which provides some of the best walking in Northumberland.

A variety of walks are being planned - some longer than others - in two walking groups. There will be opportunities to climb up Simonside, walk along the Wannie Line and traverse Upper Coquetdale together with some coastal walks and visits to National Trust properties.

Further details are available on the IVW website and from the organisers.

Admin Fee £20.00 (see booking slip)

Organisers: Roy 01234 301182 roycarter367@hotmail.com Andy N 01525 712297 andy.nunn54@gmail.com

Tue 11th July - Visit to The London Gliding Club

An evening opportunity for 10 people to take a single, winch launched, flight of 5 - 10 minute duration above the Dunstable Downs.

Cost £27.50 per person. (see booking slip)

Organiser: Roger M 01234 216639, rogermcleod@hotmail.com

Fri 29th Sept to Mon 2nd Oct - Long Weekend in Reeth

Based around the picturesque market town of Reeth this trip will take us through the ups and downs of Swaledale and Wendsleydale. We have two full day walks planned around the Keld and Aysgarth areas (shorter versions will be available). The two half days take us nearer to Reeth itself.

Admin Fee £10.00 (see booking slip)

Organiser: Nick 07803 125876 ivwramblers.nm@ntlworld.com

Sat 11th Nov - Barn Dance

Houghton Conquest Village Hall. Dancing to a live band, further details will be available in the next programme.

Organiser: Val 01234 824095 nannyval1@hotmail.co.uk

Sat 9th to Sun 17th Sept - Bedfordshire Walking Festival 2017

Arrangements are well underway for this annual event with most Bedfordshire walking groups. The programme will again include a good selection of shorter walks and the 2 day Greensand Ridge Challenge. *See www.bedswalkfest.co.uk Organiser: Barry 01234 353704 barry.ingram74@btinternet.com*

- Sun 20.8 10:00 am & 1:45 pm **Silsoe.** Park Avenue, near church (MK45 4EH). TL 083 356 7 & 5 miles. *Roy 01234 301182 or 07784 208997*
- Tue 22.87:00 pm Evening Walk Bedford. Embankment, by Butterfly
Bridge (MK40 3QF). TL 060 495 4 miles. Note earlier start time.
Barry 01234 353704 or 07860 348347 on the day
- Wed 23.8 10:00 am **Ashwell, Herts.** Park near St Mary's Church (SG7 5LY). TL 267 398 7.5 miles. *Chris D 07585 876620*
- Fri 25.8 10:15 am **Bus Walk Bedford.** Linear. Bus from Bedford Bus Station (MK40 1LT), No 5 departs 10:22am. Walk starts from Asgard Drive, Norse Road, Bedford at 10:45 am. TL 088 517 6.5 miles. Walk finishes in St Paul's Square, Bedford. Barry 01234 353704 or 07860 348347 on the day
- Sun 27.8 10:00 am **Riseley.** Fox & Hounds PH (MK44 1DT). TL 040 627 12 miles.

Eric C 01234 315181 or 07761 589281

- Mon 28.8 10:00 am **Wendover.** Library Car Park (HP22 6DU). SP 868 077 12 miles. The Two Peaks, Chiltern style. *Nick M 07803 125876*
- Wed 30.8 10:00 am **Totternhoe.** Knolls car park (LU6 1QG). SP 986 217 6 miles. From Neolithic times to Victorian. *Ian 01462 812294 or 07866 389443*
- Thu 31.8 10:00 am **Amble Old Warden.** Village Hall car park (SG18 9EB). TL 138 440 5 miles. *Sheila 01480 392223 or 07885 615595*

Events in the 2017

Our **5 Night Break in Castleton** and **Palace of Westminster visit** are both fully booked but additional walkers on the London trip would be welcome.

Sun 18th June - Coach Trip to Wherryman's Way and Norwich

Follow the Wherryman's Way in the valley of the River Yare to the outskirts of Norwich. Enjoy the lunchtime stop at the Ferry House PH on the riverside then either take the coach for an afternoon in Norwich or continue the walk to see good views of the river and its broads. Afternoon walkers will be picked up in the coach at the city outskirts and taken on for a tea stop in the city centre before leaving.

Cost £22, see booking slip (please book by Sunday 11th June)

Organiser: Tony 01234 831388 tony.sheward@btinternet.com

Ivel Valley Walks Programme: Summer 2017

- Mon 1.5 10:00 am & 1:45 pm **Bank Holiday Wimpole, Cambs.** Wimpole Hall (SG8 0BW). TL 338 509 7 & 5 miles. £2 car park charge (free to NT members). *Dave B 01767 691750 or 07473 173464*
- Wed 3.5 10:00 am **Mowsbury Park, Bedford.** Kimbolton Road car park (MK41 8AQ). TL 060 528 7 miles. Veronica C 01234 304337 or 07890 830427
- Fri 5.5 10:25 am Bus Walk Bedford. Linear. Bus from Bedford Bus Station (MK40 1LT), No 71 departs 10:35am. Walk starts at 11:00am from Greyhound PH, Northwood End, Haynes. TL 047 499 8.5 miles. Unique downhill walk on the Bunyan Trail to Elstow with great views over Bedford and beyond. Tony S 01234 831388
- Sun 7.5 10:00 am **Breachwood Green.** Park near the Red Lion PH (SG4 8NU). TL 150 220 12 miles. No dogs please. *Pauline S 01480 477188 or 07504 751554*
- Tue 9.5
 10:00 am **Old Warden.** Church car park (SG18 9HD).

 TL 136 443
 12.5 miles. No dogs please.

 Pauline S 01480 477188 or 07504 751554
- Wed 10.5 10:00 am **Sandy.** Town centre car park (SG19 1AG). If full please park in St Swithun's Road. TL 174 492 8 miles. Bob H 01767319116 or 07950 503543
- Thu 11.5 10:00 am **Amble Weston, near Baldock.** Holy Trinity Church car park (SG4 7DJ). TL 266 299 5 miles. Alpacas by the Rising Sun. *Antony 01767 601969 or 07857 890829 on the day*
- Sun 14.5 **5 Night Break in Peak District starts.** Bob & Celia 01234 768011 or 07474 303545

Also

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- Sun 14.5 10:00 am **Ampthill Park morning walk.** West car park (MK45 2GU). TL 024 382 8 miles. *Nichola H 01525 840278 or 07952 524610*
- Wed 17.5 10:00 am **Dean, near Huntingdon.** Dalton Community Hall car park (PE28 0LT). TL 051 683 7.5 miles. Derek 01462 712462 or 07410 973338
- Sun 21.5 10:00 am **Biggleswade.** Dan Albone car park (SG18 0BQ). TL 187 452 12 miles. *Tina G 01480472108 or 07712 892731*

For the latest updates see

www.ivelvalleywalkers.co.uk

Tue 23.5 10:00 am **Woburn.** Car park opposite church (MK17 9QZ). SP 950 331 14 miles. Seven parishes walk. *Bob & Celia 01234 768011 or 07474 303545*

Also

- Tue 23.57:45 pm Committee meeting. Old Warden Village Hall car park
(SG18 9EB). TL 138 440
- Wed 24.5 10:30 am **Silsoe.** Park at Wrest Park Visitor Centre overflow car park - in the Walled Garden (MK45 4HR). TL 089 355 7 miles. Please note later start time and different meeting point. *Alan R 01462 814215 or 07885 816192*
- Thu 25.5 10:00 am **Amble Woburn.** Car park opposite church (MK17 9QZ). SP 950 331 4.5 miles. A steady walk with views of the Abbey.

Jan 01234 340429 or 07724 998095

- Fri 26.5 7:30 pm **Evening Walk Old Warden.** Church car park (SG18 9HD). TL 136 443 4 miles. *Carol 01582 882628*
- Sun 28.5 10:00 am & 1:45 pm **Preston, near Hitchin.** Park near the village green (SG4 7UD). TL 180 248 7 & 5 miles. *Mike C 01462 491032 or 07815 939549*
- Mon 29.5 10:00 am **Whitwell, Herts.** Circular. Recreation ground car park, Bradway off Horn Hill (SG4 8AG). TL 183 209 9 miles. North Chilterns Trail - Part 3 (Whiteway Bottom to St Paul's Walden section). Andy K 01582 614644 or 07879 691983
- Wed 31.5 10:00 am **Ampthill Park.** West car park (MK45 2GU). TL 024 382 7.5 miles.

Nichola H 01525 840278 or 07952 524610

Fri 2.6 9:35 am Bus Walk - Bedford. Circular. Bus from Bedford Bus Station (MK40 1LT), No 51 departs 09:45am. Walk starts at 10:10am from the Bedford Arms PH, High Street, Oakley. TL 047 499 7 miles. Follow beautiful stretches of the river Great Ouse through Stevington, Pavenham and Oakley. Sue T 01234 823974 or 07849 827049

Ramblers membership is the best way to support the work done for walkers across Britain.

Cost less than £2 a month, a first year discount of 30% is available for anyone joining from a health walk.

visit the web-site at **www.ramblers.org.uk** or telephone: 020 7339 8500 Please nominate Ivel Valley Walkers as your local group when you take out membership.

Ivel Valley Walks Programme: Summer 2017

- Sun 6.8 10:00 am & 1:45 pm **Salcey Forest Visitor Centre.** (NN7 2HX) £4 parking charge. SP 795 517 7 & 5 miles. The Forest Café serves bottles of beer/wine with food purchase. Delights of the Northants/Milton Keynes border. *Tony S 01234 831388*
- Tue 8.8 7:00 pm **Evening Walk Paxton Pits Visitor Centre.** (PE19 6ET). TL 195 629 4 miles. Note earlier start time. *Pat P 01480 216029*
- Wed 9.8 10:00 am **Luton.** Warden Hill car park, off A6, near Cardinal Newman School (LU2 7AE). TL 086 258 7 miles. Lilley circular. *Tony S 01234 831388*
- Fri 11.8 10:45 am **Bus Walk Bedford.** Linear. Bus from Bedford Bus Station (MK40 1LT), No X5 for Cambridge departs 09:56am. Walk starts at 10:15am from Great Barford. TL 047 499 7 miles. Meet Jan at the Golden Cross for a riverside walk back to Bedford. Jan 01234 340429 or 07724 998095
- Sun 13.8 10:00 am **Preston, near Hitchin.** Circular. Near Red Lion PH (SG4 7UD). TL 180 248 12 miles. North Chilterns Trail Part 4 (St Paul's Walden to Austage End section). Andy K 01582 614644 or 07879 691983
- Tue 15.8 10:00 am **St Ives Park & Ride.** Meadow Lane (PE27 4LG) £1 parking charge. TL 319 709 12 miles. An Ouse Valley meander. *Antony 01767 601969 or 07857 890829 on the day*
- Wed 16.8 10:00 am Bedford. Mowsbury Park north car park, Kimbolton Road (MK41 8AH). TL 060 528 7 miles.
 David & Rosemary 07796 178659
- Thu 17.810:00 am Amble Bedford. Priory Country Park Visitor Centre
(MK41 9DJ). TL 072 494 4 miles.Mary C 01234 781220 or 07963 971710 on the day only
- Fri 18.8 7:00 pm **Evening Walk Sharnbrook.** Village car park, High Street near Church Lane (MK44 1PB). SP 995 596 4 miles. Note earlier start time. *Mary C 01234 781220 or 07963 971710 on the day only*
- Sat 19.8 7:45 am **Saturday Bedford, for Sussex Walk.** Mainline railway station (MK40 1DS) for 08:10 train to Hassocks. Super off peak day return with railcard or Group Save party of 3+ £13.85 each. TL 041 497 10 miles. Saturday railway walk Hassocks to Devil's Dyke Circular. *Tony* S 01234 831388

Thu 20.7	10:00 am Amble - Little Staughton. Near the church (MK44 2BL). TL 107 630 5 miles. <i>Martin W 01234 767876 or 07761 209981 on the day</i>	
Fri 21.7	7:30 pm Evening Walk - Maulden Woods . Car park off north of Clophill (MK45 3UZ). TL 073 394 4 miles. <i>Nick M 07803 125876</i>	A6
Sun 23.7	10:00 am & 1:45 pm Kimbolton. High Street near church (PE28 0HN). TL 099 678 7 & 5 miles. <i>Derek 01462 712462 or 07410 973338</i>	
Wed 26.7	10:00 am Kimbolton. Newtown, park carefully near Prima School (PE28 0HY). TL 099 682 6 miles. A different walk to the one above. <i>Martin W 01234 767876 or 07761 209981 on the day</i>	ary
Thu 27.7	7:00 pm Evening Walk - Bedford. Playing fields car pa Ashmead Road, off Tyne Crescent (MK41 7GE). TL 052 532 5 miles. Note earlier start time. <i>Barry 01234 353704 or 07860 348347 on the day</i>	ırk on
Fri 28.7	10:20 am Bus Walk - Bedford. Linear. Bus from Bedfe Bus Station (MK40 1LT), No 50 for Kettering departs 10: Walk starts from Rushden at 11:20am. TL 047 499 6.5 r Walk finishes in Sharnbrook for 14:54 pm bus back to Be Barry 01234 353704 or 07860 348347 on the day	32am. niles.
Sun 30.7	8:40 am Bedford - for London Walk. Linear. Bedford mainline railway station (MK40 1DS) for the 08:50 train (09:00 from Flitwick) to St Pancras. TL 041 497 10 miles Monopoly Walk - Part 1 to Blackfriars. Bring a token etc <i>Roy 01234 301182 or 07784 208997</i>	
Mon 31.7	7:30 pm Evening Walk - Bromham. Mill car park (MK43 TL 010 507 4.5 miles.	3 8LP).
Tue 1.8	Val B 01234 824095 or 07527 052095 10:00 am Bletchley. Manor Fields Sports Ground car par (MK2 2HX). SP 885 335 12 miles. Opposite Dobbies Garden Centre. David R 01525 714208 or 07849 162771 on the day only	
Wed 2.8	10:00 am Husborne Crawley. The White Horse PH, park field (MK43 0XE). SP 961 358 7 miles. Jon L 07854 240366	
Thu 3.8	10:00 am Amble - Houghton Conquest. Parking in or i Rectory Lane (MK45 3LF). TL 045 415 4 miles. Kings Wood and Houghton House. <i>Carol 01582 882628</i>	near <i>Page</i> 8

Ivel Valley Walks Programme: Summer 2017

Also	
Fri 2.6	7:30 pm Evening Walk - Everton. Church Road near St. Mary's Church (SG19 2JY). TL 202 512 4 miles.
	Roger M 01234 216639 or 07989 307046
Sun 4.6	10:00 am Woburn Sands. Russell Street car park (MK17 8NU). SP 930 358 12 miles. The woods & sands of the Woburn Estate. <i>Nick M 07803 125876</i>
Mon 5.6	7:30 pm Evening Walk - Silsoe. Park Avenue, near church (MK45 4EH). TL 083 356 4 miles. <i>Derek 01462 712462 or 07410 973338</i>
Tue 6.6	10:00 am Lyveden New Bield, near Oundle. NT car park (PE8 5AT) - £2 donation (free to NT members). SP 985 852 12 miles. Aldwincle, Wadenhoe and the Nene. <i>Ian 01462 812294 or 07866 389443</i>
Wed 7.6	10:00 am Wimpole, Cambs. Wimpole Hall car park (SG8 0BW). TL 338 509 6.5 miles. £2 car park charge (free to NT members). <i>Chris T 07710 284115</i>
Wed 7.6	10:20 am Bedford - for Thames Walk and Palace of Westminster visit. Linear. Mainline railway station (MK40 1DS) for the 10:40 train to St Pancras. Please buy an off-peak day travel card. TL 041 497 5 miles. Walk will be from Mortlake to Putney - the Boat Race course in reverse. Please note: the visit is for those who have already pre-booked. <i>Barry 01234 353704 or 07860 348347 on the day</i>
Thu 8.6	10:00 am Amble - Pulloxhill. Near Cross Keys PH (MK45 5HB). TL 063 340 4.5 miles. <i>Derek 01462 712462 or 07410 9</i> 73338
Sat 10.6	7:00 am Saturday - Breakfast Walk - Barton-le-Clay. Barton-le-Clay. Old Road, near Recreation Ground (MK45 4LD). TL 083 304 7 miles. Work up an appetite on the hills before breakfast in 'Pete's Place' at about 9:30am - an all day breakfast café with comprehensive English and Continental menu. <i>Andy K 01582 614644 or 07879 691983</i>
Sun 11.6	10:00 am & 1:45 pm St Paul's Walden. Car park near church (SG4 8DN). TL 193 222 7 & 5 miles. <i>Marcus 01462 812005 or 07417 498199 on the day</i>
Tue 13.6	7:30 pm Evening Walk - Biggleswade. Park at end of Dunton Lane. No through road off A6001 London Road, next to BP petrol station (SG18 8EJ). TL 204 435 5 miles.

Antony 01767 601969 or 07857 890829 on the day

- Wed 14.6 10:00 am **Cambridge.** Trumpington Park and Ride car park (CB2 9FT) £1 fee. Meet outside waiting room. TL 442 542 6.5 miles. Discover poet Rupert Brooke's Grantchester connection. *Antony 01767 601969 or 07857 890829 on the day*
- Fri 16.6 10:05 am **Bus Walk Bedford.** Linear. Bus from Bedford Bus Station (MK40 1LT), No 53 departs 10:15am. Walk starts at 11:10am from Cranfield to enjoy the Clay Way back to Bedford. TL 047 499 7.5 miles. Lovely café stop at the end. *Brian G 01234 823603*
- Sun 18.6 7:30 am & 8:00 am Coach Trip to Wherryman's Way and Norwich. Linear. See further details on page 10 10 miles. Morning coach pick-up points at Bedford Bus Station TL 047 499 (MK40 1LT) and Sandy Market Square TL 173 492 (SG19 1HZ). *Tony S 01234 831388*
- Tue 20.610:00 am Dunstable Downs. Chiltern Gateway Centre (LU6 2GY).TL 008 19412 miles. Car park charge (free to NT members).Marcus 01462 812005 or 07417 498199 on the day

Also

- Tue 20.6 7:30 pm **Evening Walk Henlow.** Park at parish church (SG16 6AN). TL 177 387 4 miles. Additional parking in Gardeners Lane off High St, north of church. Bob H 01767319116 or 07950 503543
- Wed 21.6 10:00 am **Steppingley.** Near French Horn PH (MK45 5AU). TL 011 354 7 miles. Circumnavigation of Centre Parcs. *Tony S 01234 831388*
- Thu 22.610:00 am Amble Biggleswade. Dan Albone car park
(SG18 0BQ). TL 187 452 5 miles. Walk around Broom Lakes.
Bob H 01767319116 or 07950 503543
- Sun 25.6 10:00 am **Marston Moretaine.** Marston Vale Forest Centre car park (MK43 0PR). TL 004 418 13 miles. Timberland Trail. Bob & Celia 01234 768011 or 07474 303545
- Mon 26.6 7:30 pm **Evening Walk Wootton.** Park carefully on road near Chequers PH, Hall End Road (MK43 9HP). Use PH car park only if drinking afterwards. TL 001 457 4 miles. Bedford Green Gateway. *Bob & Celia 01234 768011 or 07474 303545*
- Wed 28.6 10:00 am **Broom, near Biggleswade.** Park around The Green (SG18 9NP). TL 172 428 7 miles. River and lakes. Bob H 01767319116 or 07950 503543

Ivel Valley Walks Programme: Summer 2017

7 Night Holiday in Rothbury starts. Further details on page 11 Fri 30.6 Sun 2.7 10:00 am Shefford - morning walk. Town car park, Old Station Way (SG17 5EF). TL 142 391 7 miles. Mike T 01462 850415 or 07504 706906 10:00 am **Riseley.** Fox & Hounds PH (MK44 1DT). TL 040 627 Tue 4.7 12 miles. Bob & Sue 01234 823974 or 07849 827049 Wed 5.7 10:00 am **Stagsden.** Park carefully at south west end of village (MK43 8SG). SP 981488 7 miles. Brian G 01234 823603 8:30 am Bedford - for London Walk. Linear. Mainline railway Sun 9.7 station (MK40 1DS) for the 09:06 train (09:16 from Flitwick) to West Hampstead then London Overground. Please buy a one day travel card. TL 041 497 12 miles. Exploring the Thames Path and Richmond Park - deer and all. Roger M 01234 216639 or 07989 307046 7:30 pm Evening Walk - Ampthill Park. West car park Mon 10.7 (MK45 2GU). TL 024 382 4 miles. Ampthill's Great Houses. John H 01525 840278 or 07768 252461 **Evening Visit to London Gliding Club, Dunstable** Tue 11.7 See further details on page 11 Roger M 01234 216639 or 07989 307046 10:00 am Ampthill Park. West car park (MK45 2GU). TL 024 382 Wed 12.7 7 miles. Jim 01525 405344 or 07966 735318 9:25 am Bus Walk - Bedford. Circular. Bus from Bedford Bus Fri 14.7 Station (MK40 1LT), Stagecoach No 71 departs Bedford Bay F at 09.35am. Walk starts at 10:40am from Bancroft, Hitchin. TL 047 499 8 miles. A walk taking in outlying villages of St. Ippolyts, Gosmore, and Charlton . Antony 01767 601969 or 07857 890829 on the day 10:00 am Buntingford. Bowling Green Lane car park (SG9 9DF). Sun 16.7 TL 359 296 12.5 miles. Mike T 01462 850415 or 07504 706906 10:00 am Sundon Hills Country Park. (LU3 3PE). TL 047 286 Tue 18.7 12 miles. Mills and hills. Sara W 01525 872266 or 07850 665454 on the day 10:00 am Dunsbridge Tumpike, Cambs. Near The Green Man PH Wed 19.7 (SG8 6RA) NE of Melbourne. TL 397467 7 miles. Cam Valley villages – Fowlmere, Foxton, Barrington and Shepreth.

Antony 01767 601969 or 07857 890829 on the day