

## Special Events in 2010 / 2011

- Fri 8.10 – Mon 11.10** **Coniston Long Weekend**  
Enjoy a three night weekend based at Coniston in Southern Lakeland, an area associated with both Beatrix Potter and Donald Campbell. Accommodation will be on a book your own B&B basis. There will be a choice of high and low level walks on Saturday and Sunday, as well as combined walks on Friday afternoon and Monday morning.  
An accommodation list is now available.  
Administration charge £5 per head.  
Deadline for bookings **12 September 2010**.  
*Organiser: Tony Tel: 01234 831388 or e-mail: tony.sheward@btinternet.com*
- Sat 20.11** **Bedfordshire Area AGM.** Houghton Conquest Village Hall TL045416 10:00 Welcome; 10:30 Morning walk; 12:30 Lunch; 1:30pm Presentation by Alexis Pym, The Forest Centre; 2:15pm AGM.
- 2011**
- Sun 10.4** **Coach Trip to the Surrey Hills**  
Walk the North Downs Way, some of the country's most idyllic scenery, including Ranmore Common, and with the opportunity to spend the afternoon in the historic county town of Guildford. Distance 12 miles  
Cost per head £16  
Biggleswade Market Square 7.30am  
Bedford Bus Station 8.00am  
For further information, contact the organiser:  
*David Tel 01234 350644*  
*Or e-mail chairman@ivelvalleywalkers.co.uk*
- Sun 15.5 - Thu 21.5** **5 night break in Northumberland**  
Further details to follow in next programme.  
*Organiser: Jim Tel 01234 301948*
- Thu 15.9 – Sun 18.9** **Long weekend in Wales, based in Montgomery**  
There will be a linear walk from Welshpool back into Montgomery around Y Goffa and Powis Castle, also a walk from Clun and around Bishop's Castle. We will walk sections of Offa's Dyke and also part of the Glyndwr Way.  
There is plenty of accommodation in and around the town, but if you plan to stay at the Dragon Hotel Catherine recommends booking early.  
Further details in the next programme.  
*Organiser: Catherine Tel 01462 857895*
- Sun 16.10** **Oxford Coach Trip**  
Enjoy the delights of the Thames Valley near Oxford. Starting at Woodstock we skirt the Blenheim Palace estate and visit the Winston Churchill grave at Bladon. Lunch will be taken in the village of Yarnton, with option of taking the coach for an afternoon in Oxford. The afternoon route takes us into Oxford via Wolvercote Common and allows time for tea before departing.  
Distance 10 miles.  
For information contact: Tony; Tel: 01234 831388 or e-mail: tony.sheward@btinternet.com

## Officers and Committee

**Chairman:**  
David Stark, Tel: 01234 350644  
Email: chairman@ivelvalleywalkers.co.uk

**Secretary:**  
Mary Carrington, Tel: 01234 781220  
Email: secretary@ivelvalleywalkers.co.uk

**Treasurer:**  
Jim Middlemiss, Tel: 01234 301948  
Email: treasurer@ivelvalleywalkers.co.uk

**Programme Secretary:**  
Sheila Cakebread, Tel: 01480 392223  
Email: programme@ivelvalleywalkers.co.uk

**Publicity Officer:**  
Roger McLeod Tel: 01234 216639  
Email: publicity@ivelvalleywalkers.co.uk

**Footpath Officer:**  
Roger Chick, Tel: 01767 312 259  
Email: footpaths@ivelvalleywalkers.co.uk

**Committee:**  
Nigel Greenfield, Mary Morse, Nick Markham, Mike Tenwick.

Please make sure that you are fit enough to undertake the walk you intend to join. If you're unsure of your fitness level, try a short and easy walk first.  
Most Ramblers' walks are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.  
For your own and others' safety please read and abide by any advice and guidelines issued by the organisers, and the instructions of the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.  
If you wish to bring a dog on any walk, please contact the leader beforehand to check suitability.  
Most daytime walks have a break for refreshments. Please also bring a packed lunch if out all day.  
Please be aware that our walks always depart at the time stated.

Sunday walks are either: two half days, usually with a morning walk of 6-7 miles and an afternoon walk of about 5 miles; or one full day of 10 to 12 miles (ending about 4.00pm).  
Wednesday morning walks are generally 6-7 miles, finishing by 1.00pm.  
Weekday long walks are generally 9-12 miles, finishing mid afternoon.  
Weekday ambles are short walks (5 miles or less) conducted at a leisurely pace and may be of particular interest to those new or returning to walking.  
Summer Evening walks are usually about 4 miles (1.5 hours).  
Leaders state in the programme if a walk is likely to differ appreciably from these guidelines.

If you have any questions about a particular walk, please contact the leader. For other enquiries about our club, please contact any committee member.

*The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.*



**ramblers**  
at the heart of walking

# Ivel Valley Walkers

Bedfordshire Area

## 2010 Autumn Programme

After what has to have been the most fantastic summer for years, we have now to look forward to an autumn /winter which will surely be a disappointing shock to our systems, with rain, mud and the horrors of ploughed fields. This, however, is what walking in Bedfordshire is really about, and particularly the long hot soak in the bath when you get home.

I am, as always, pleased to commend our programme of walks, led, I am delighted to say, by an increasing number of leaders – we always welcome new walkers but also members who would like to start leading. Help and support are readily available, just ask any committee member.

This session we have the 2<sup>nd</sup> Bedfordshire Walking Festival at the beginning of September, a weekend away in Coniston in October, two pre-Christmas celebrations, and walks on almost every day of the Christmas season, including a family event on Christmas Eve and the opportunity to view the new Olympics site on January 2nd. We have another stage of the London Loop, and 2 linear walks using bus or train for the return journey.

This year is the Ramblers 75<sup>th</sup> anniversary. Ivel Valley will be celebrating it on our walk on Thursday 9th September.

This programme also includes our AGM in November and we need volunteers to fill some important roles. Our Treasurer has served the maximum five years on the committee and we also need a Sunday Walks coordinator. If you enjoy what you get from the club, please consider if you could put a bit back by volunteering for one of these roles, or just help by being a general committee member. Again, speak to myself or any committee member to learn more.

David Stark, Chairman

*P.S. for the latest update on any of our walks or events, please refer to [www.ivelvalleywalkers.co.uk](http://www.ivelvalleywalkers.co.uk)*

*If you would like to lead a walk on the next programme, or suggest a walk the Group could do, please contact [programme@ivelvalleywalkers.co.uk](mailto:programme@ivelvalleywalkers.co.uk)*

Please consider helping Ivel Valley Walkers to reduce costs by receiving your programme by e-mail, or getting it from our website. Please e-mail [secretary@ivelvalleywalkers.co.uk](mailto:secretary@ivelvalleywalkers.co.uk) if you could help us in this way.

For further information on 'the Ramblers' visit the web-site at '[www.ramblers.org.uk/](http://www.ramblers.org.uk/)' or Telephone: 020 7339 8500.

Remember to nominate Ivel Valley Walkers as your local group when you decide to take out membership.

## Ivel Valley Walks Programme: Autumn 2010

- Tue 31.8 10:00am **Weekday Amble.** Shefford, town car park, Old Station Way TL142391 5 miles. Pat & Olga 01462 813848
- Wed 1.9 10:00am Ickleford, near Hitchin. Park near Church TL182316 6.5 miles. Marcus 01462 812005

### Ivel Valley Walks Programme: Autumn 2010

#### Bedfordshire Walking Festival

For details of all the walks see the Festival Programme & www.bedswalkfest.co.uk. Ivel Valley's walks are listed below.

- Sat 4.9 10:00am & 2:15pm Silsoe, Park Avenue, near Church TL082356 7 & 5 miles. Nick M 07803 125876
- Sat 4.9 – Mon 6.9 **The Greensand Ridge Path.** 40 miles over 3 days. Email Organiser@bedswalkfest.co.uk or Tel 01234 353704
- Sun 5.9 10:00am & 2:00pm Haynes Village Hall car park TL101420 7 & 5 miles. Park in overflow car park. Jim 01234 301948
- Mon 6.9 10:00am Beeston Green, near Sandy TL168481 7 miles. Tony 01234 831388
- Tue 7.9 10:00am Everton, near Thornton Arms TL202512 12 miles. Antony 01767 601969
- Wed 8.9 10:00am Maulden. The Brache TL051381 6.5 miles. Brian 01234 823603
- Thu 9.9 10:00am **Ramblers 75th Anniversary Baton Walk.** Northhill, near Church TL149465 4.5 miles. Brian 01234 823603
- Fri 10.9 10:00am Sutton. Please park considerately in road near John O'Gaunt PH TL223474 7.5 miles. Marcus 01462 812005
- Sat 11.9 **Circular walk or Linear Train Walks.** 10:15am Flitwick Leisure Centre, Steppingly Road TL026355 or meet 10:30 Flitwick Railway Station TL034350. Full day 10 mile circular walk or morning walk (5 miles) from Flitwick Station to Harlington. 2:00pm Harlington Station TL034303 to walk back to Flitwick (5 miles). Use the train to join or leave the walk at Harlington. Lynda K 01234 740788
- Sun 12.9 10:00am & 2:00pm Ampthill Park car park TL024382 7 & 3.5 miles. History tour of the park and town in the afternoon. Nichola & John 01525 840278
- Wed 15.9 10:00am Cople. Park near Five Bells PH TL103484 6.5 miles. Catherine 01462 857895
- Thu 16.9 10:00am **Weekday Amble.** Great Offley, near Green Man PH TL142271 4.5 miles. Antony 01767 601969
- Sun 19.9 9:30am **Bunyan Trail Day 4 Kempston to Bedford.** Bedford Park gates at the top of De Parys Avenue TL050506 13 miles. Shared transport to start at Kempston. Roy 01234 301182
- Tue 21.9 10:00am Stockgrove Country Park car park SP920294 11.5 miles. Brian 01234 823603
- Wed 22.9 10:00am Kimpton (Herts). Parkside Sports Centre car park, off B651 TL176185 6 miles. Margaret 01582 564929
- Sun 26.9 10:00am & 2:00pm Hexton, park in main street TL106305 7.5 & 5 miles. Lynda K 01234 740788
- Wed 29.9 10:00am Keysoe Row Village Hall TL083612 7 miles. Nick W 01234 210437
- Thu 30.9 10:00am **Weekday Amble.** Meppershall, by the Church TL135359 4 miles. Mary M 01462 700387
- Sun 3.10 10:00am **Bus walk Luton to Clophill.** Clophill Village Green TL082377 13.5 miles. For 10.20 S1 bus to Luton (cost about £3.45) from the bus stop on the A6. Walk back to Clophill. Nichola 01525 840278
- Tue 5.10 10:00am Woburn, Car park opposite Church SP950332 11 miles. Marcus 01462 812005
- Wed 6.10 10:00am Paxton Pits Visitor Centre TL195629 7 miles. Antony 01767 601969

### Ivel Valley Walks Programme: Autumn 2010

- Fri 8.10 to Mon 11.10 **Coniston Long Weekend.** See overleaf for details Tony 01234 831388
- Sun 10.10 10:00am **Morning walk.** Old Warden Church car park TL136443 7 miles. Please park away from Church as service finishing at 9.30am. Linda T 01480 350345
- Wed 13.10 10:00am Shillington. Greenfields, Hillfoot End TL124344 6.5 miles. Tony 01234 831388
- Thu 14.10 10:00am **Weekday Amble.** Pegsdon, near Live & Let Live PH TL121303 4 miles. Carol 01582 882628
- Sun 17.10 9:15am **Red Kites in Northants.** St Neots. Riverside car park (possible charge) TL179600 12 miles. Shared transport to Kings Cliffe, limited parking at start point. Val C 01480 218872
- Tue 19.10 10:15am **Note later start time.** Kinsbourne Green, north of Harpenden, top end Derwent Road, AL5 3PA TL113159 12 miles. Ed 01438 226590
- Wed 20.10 10:00am Rowney Warren car park, Sandy Lane, off A600 NW of Shefford TL125404 6.5 miles Marcus 01462 812005
- Sun 24.10 10:00am & 2:00pm Wilden, near Victoria Arms PH TL095552 7 & 5 miles. Barry 01234 353704
- Wed 27.10 10:00am Pirton Green near Motte and Bailey PH TL146316 6.5 miles. Julia 01462 672321
- Thu 28.10 10:00am **Weekday Amble.** Harrold Odell Country Park car park SP956566 4 miles. Cheryl 01234 751841
- Sun 31.10 8:30am **London Loop Hayes – Whyteleaf.** Bedford Railway Station TL041497 9 miles. For 8.52 train (Flitwick 9.02). Cost for Group Save is £12.25 each for groups of 4. Tony 01234 831388
- Tue 2.11 10:00am Old Warden Village Hall car park TL138440 12 miles. Jim 01234 301948
- Wed 3.11 10:00am Renhold, Three Horseshoes PH Top End TL096528 6.5 miles. Gary 01234 870787
- Sun 7.11 10:00am & 1:45pm Dunstable Downs - Chiltern Gateway Centre TL008198 7 & 4.5 miles. Car park charge (free to National Trust members). Nick M 07803 125876
- Tue 9.11 7:30pm **Ivel Valley Walkers AGM.** Old Warden Village Hall
- Wed 10.11 10:00am Hinchinbrooke Country Park car park (near Huntingdon) TL221718 6 miles. Possible car park charge. Antony 01767 601969
- Thu 11.11 10:00am **Weekday Amble.** Riseley. Fox & Hounds PH TL040627 5 miles. Sheila 01480 392223
- Sun 14.11 10:00am Maulden Woods. Car park off A6 north of Clophill TL073394 12 miles. Marcus 01462 812005
- Tue 16.11 10:00am Ampthill Park car park TL024382 10 miles. Dave 01234 857161
- Wed 17.11 10:00am Silsoe, Park Avenue, near Church TL083356 7 miles. Jim 01234 301948
- Sat 20.11 **Bedfordshire Area AGM.** Houghton Conquest Village Hall TL045416 See overleaf for details.
- Sun 21.11 10:00am & 1:45pm Woburn, Car park opposite Church SP950332 7 & 6 miles. Roy 01234 301182
- Wed 24.11 10:00am Bromham Mill car park TL010507 7 miles. Mary C 01234 781220
- Thu 25.11 10:00am **Weekday Amble.** Hexton, near Raven PH TL106307 4 miles. Carol 01582 882628

### Ivel Valley Walks Programme: Autumn 2010

- Sun 28.11 10:00am Hatley St. George - High Street (lay-by adjacent to sports field) TL283509 12 miles. No dogs please. Pauline 01480 477188
- Tue 30.11 10:00am Anstey, Herts. Park in street by church TL404328 10 miles. Marcus 01462 812005
- Wed 1.12 10:00am Croydon, Cambs. High Street nr Queen Adelaide pub TL313493 6.5 miles. Tony 01234 831388
- Sun 5.12 10:00am & 1:45pm **Walk suitable for wheelchairs and buggies.** Milton Keynes, Willen Lake South car park SP876398 7 & 5 miles. Car park charge. Tony 01234 831388
- Wed 8.12 10:00am Yardley Hastings near Red Lion. SP865566 6 miles. If staying for lunch park in pub car park. Martin 01234 767876
- Thu 9.12 10:00am **Weekday Amble.** Ashwell Near Church TL267398 5 miles. Antony 01767 601969
- Sun 12.12 10:00am **Mulled Wine Ramble.** Clophill Village Hall, Kiln Lane TL086384 7 miles. Mulled Wine and bring and share snacks. Offers of food to David on 01234 350644. Cost £2 on the door. Barry 01234 353704
- Tue 14.12 10:00am Milton Ernest Garden Centre TL014561 10.5 miles. Bernard 01462 700387
- Wed 15.12 10:00am **Christmas Walk & Buffet Lunch.** Maulden, Dog & Badger PH. TL072376 6.5 miles. Buffet £10 per head, book & pay by 1st December. Sheila & Clive 01480 392223
- Sun 19.12 10:00am Great Offley Church TL145268 13 miles. Please do not park in the front of the church or the adjacent graveyard. Mike 01462 491032
- Wed 22.12 10:00am Everton, Church Road near St. Mary's Church TL202512 6.5 miles. Carol 01582 882628
- Thu 23.12 10:00am **Weekday Amble.** Lilley Village Hall car park TL119263 4.5 miles. Julia 01462 672321
- Fri 24.12 1:45pm **Christmas Eve Family Event.** Bedford, Priory Park Visitors Centre, off Barkers Lane TL072494 3.5 miles. Bring the children, parents and grandparents to go hunting for pre-Christmas surprises. Suitable for buggies. Children must be accompanied by adults. Barry 01234 353704

#### Festival of Winter Walks

- Sun 26.12 10:00am **Boxing Day.** Silsoe, Park Avenue, near Church TL082356 7 miles. Nick M 07803 125876
- Mon 27.12 10:00am Toddington Green TL009288 7 miles. John 01525 840278
- Tue 28.12 10:00am Tempsford, Church End past Wheatsheaf PH TL162531 9.5 miles. Antony 01767 601969
- Wed 29.12 10:00am Woburn, Car park opposite Church SP950332 6.5 miles. Bernard & Mary 01462 700387
- Thu 30.12 9:30am **Short day walk.** St Neots. Riverside car park. TL179600 9 miles. Shared transport to Knapwell. Possible charge for parking in St Neots. Val C 01480 218872
- Fri 31.12 10:00am **Morning walk.** Houghton Conquest Village Hall car park TL045416 8 miles. Nichola 01525 840278
- Sat 1.1 10:00am **New Year's Day.** Cardington, Green near Kings Arms PH TL087478 7 miles. Barry 01234 353704
- Sun 2.1 8:30am **Sewers & Sport (think Olympics)!** Bedford Railway Station TL041497 6 miles. For 8.52 train (Flitwick 9.02), to St. Pancras, to take the underground to Mile End. Group Save Tickets currently £12.25 per person for groups of 4. David 01234 350644